

Reminders as we start the 2024-2025 season...

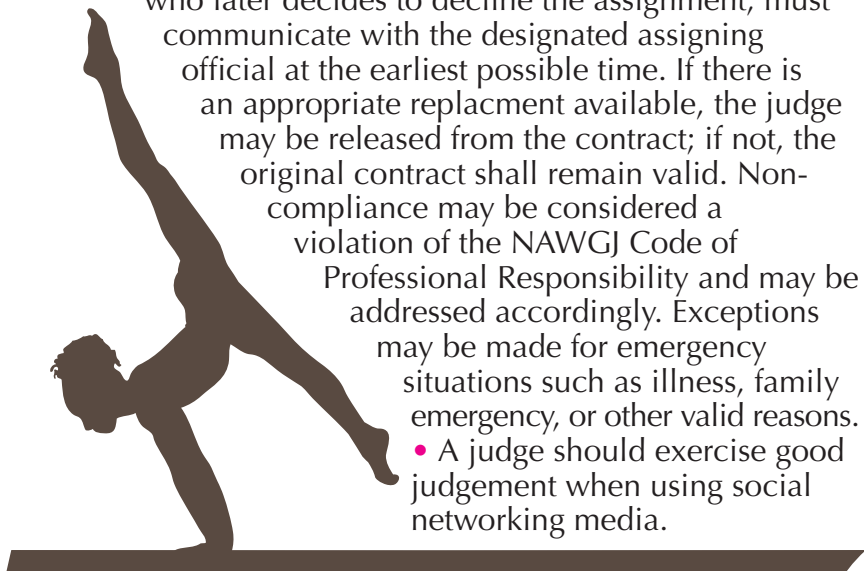
The NAWGJ Code of Professional Responsibility can be found on the NAWGJ website, but here are a couple of highlights -

- A judge should assist in maintaining the integrity and competence of the profession of judging women's gymnastic events.
- A judge should avoid even the appearance of professional impropriety
- A judge should be well qualified in gymnastics, know the rules, and be thoroughly prepared for each assignment.
- A judge should be completely unbiased. A judge should not give any appearance, especially at a meet, of any particular friendship with any coach or competitor.
- A judge should always be respectful to all participants, meet personnel and volunteers in a competition
- A judge should at all times both look and act professionally.
- A judge who has accepted a contract issued by NAWGJ and who later decides to decline the assignment, must communicate with the designated assigning official at the earliest possible time. If there is an appropriate replacement available, the judge may be released from the contract; if not, the original contract shall remain valid. Non-compliance may be considered a violation of the NAWGJ Code of Professional Responsibility and may be addressed accordingly. Exceptions may be made for emergency situations such as illness, family emergency, or other valid reasons.
- A judge should exercise good judgement when using social networking media.

Quiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. An Xcel silver gymnast attempts a pullover mount and falls without completing the element. The coach then spots the gymnast on a pullover and the gymnast completes her routine. Which of the following statements are true? (select all that apply)
 - A. SR #1 Mount is not awarded
 - B. Value part is not awarded
 - C. An A value part is awarded for the attempted pullover
 - D. A 0.5 deduction for spotting an element is applied
2. Which of the following statements is true for level 7 vault? (select all that apply)
 - A. The minimum height of the mat stack is the upper surface of the vault table
 - B. The height of the mat stack must be a minimum of 32"
 - C. A skill cushion made of softer foam may be placed on the mat stack
 - D. A mat stack and alternate skill cushion combination that is even with the height of the vault table is acceptable
3. Which of the following statements is false regarding modifications to the "Not up to Competitive Level (ACRO)" on floor for a level 10 athlete? (select all that apply)
 - A. A minimum of 4 saltos must be performed to avoid a composition deduction
 - B. Two saltos within the routine must be directly connected to avoid a composition deduction
 - C. A routine with no D or E saltos will receive a composition deduction of 0.2
 - D. An additional deduction of 0.1 will be deducted for each salto missing from the formula
4. What is the start value for the following Xcel Platinum Floor routine with the following elements:
First pass: front handspring step out directly connected to a round off
Switch leg leap directly connected to straddle jump
Second pass: piked front salto
Full turn
 - A. 10.0
 - B. 9.9
 - C. 9.5
 - D. 9.4



Save the dates...

UPCOMING CLINICS/EVENTS

PA/DE NAWGJ Uneven Bars - September 22 | Zoom
7:30-9:00 PM. CPE clinic credit is available.

PA/DE NAWGJ Balance Beam - September 29 | Zoom
7:30-9:00 PM. CPE clinic credit is available.

Western Critique Clinic - October 5 | Butler
Contact Sara McCoy (saramccoy16@hotmail.com) if you are planning to volunteer.

PA/DE NAWGJ Floor Exercise - October 20 | Zoom
7:30-9:00 PM. CPE clinic credit is available.

PA/DE NAWGJ General Meeting - October 27 | Zoom
6:30-7:30 PM.

PA/DE NAWGJ Meet Referee Responsibilities - October 27 | Zoom
7:30-9:00 PM. CPE clinic credit is available.

*****Please note Zoom links will be provided closer to each date**

2024 Judges Cup

Judges Cup will be held the weekend of December 13-15 at AJS Pancott. Please save the date and plan on volunteering at some point during the weekend.

DECEMBER 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

REMINDERS/UPDATES

Please NO solicitation!
Our personal information is to be used for professional reasons only.

- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour.
- If any of your information changes (i.e. rating, address, etc.) please notify Laurie Lengel, PA/DE Co-SJD and Linda Kothe PA/DE Co-SJD, and update your information on the GymJas, USAG and NAWGJ websites.
- Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

Past Service and Leadership Credit

If you are eligible for past service and leadership credit for the 2026 National or Brevet course, please note you must submit this form to Jane Caruso **NO LATER THAN December 31, 2024**. This form can be found on the USA Gymnastics website with all other forms pertaining to the 2026-2030 USA Brevet and National Judges Course.

GymJAS

Please log into your GymJAS account and make sure all personal information is accurate, including expiration dates and affiliation. We cannot change any of your personal information for you, you are the only one that can access this. It is important that your expiration dates are current, as these dates are listed on the contracts you generate when you accept a meet and meet directors will contact you or the assigners if they think you are out of date. Please log into your USAG and NAWGJ accounts to confirm the dates you have listed in GymJAS are the correct dates. These dates are not automatically pulled in from USAG or NAWGJ when you update, so you have to manually change the date(s) yourself.

Please make sure you have an emergency contact listed. In the event that something happens to you at a meet it is helpful to be able to reach out to the person of your choice.

Please remember to fill out an activity report anytime you go into a gym in a judging capacity, and do not have a NAWGJ contract.

2025 State Meet Schedule -



March 15-16 | Level 6/7, Aerials
March 22-23 | Level 8/9/10, Cumberland
March 22-23 | Delaware States, Mid-Coast
March 29-30 | Level 4/5, Erie
April 5-6 | Level 3, Centre Elite
April 12-13 | Xcel Gold, Dynamats
April 20-21 | Xcel Gold, Girls Co-Op
April 26-27 | Xcel Platinum/Diamond/Sapphire, Xquisite
May 3-4 | Xcel Silver, Berks East

IMPORTANT EMAIL ADDRESSES

Jane Caruso, Region 7 Technical Director
janecaruso2@gmail.com
Bonnie Synol, RJD | bsynol61@gmail.com
Carla Ceralde, PA USAG State Chair
pausag155@gmail.com
Laurie Lengel, PA/DE Co-SJD | llengel3987@gmail.com
Linda Kothe, PA/DE Co-SJD | lkothe65@gmail.com
Teresa Barnard, NAWGJ President | Teresa.barnard@cox.net
Jen Skorski, Region 7 Xcel Chair | jcp giant@gmail.com

CPE cards are to be sent to
Connie Schultz by June 1.
Please send them to her at the following address -

2555 Prince Drive, Coplay, PA 18037
or email them to her at cmsjudge@ptd.net

BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

www.panawgj.org
www.region7usagym.com
www.pagymnastics.com
www.usagym.org
www.nawgj.org

Do you want something included in the next newsletter?
Let me know! Email llengel3987@gmail.com

TESTING YEAR GIFT CERTIFICATE SYSTEM (REPRINT)

A gift certificate system is still in place in order to earn an educational gift certificate for a testing year. You will need to earn 4 credits over the cycle with no more than 2 credits being earned in a year (August 1 - July 31). No credits can be carried over to the next testing cycle. Educational gift certificates will be awarded on a pro-rated system (i.e. if you earn 3 credits over the 4 years you will earn 75% of the gift certificate). One credit can be earned via the following ways -

- Volunteer a minimum of 2 sessions at the Judges Cup
- Volunteer 1 day at the Western Critique Clinic
- Sell a minimum of \$250 worth of raffle tickets (tickets are for 1 free week for summer camp at International and Parkettes)
- Sell a minimum of \$250 worth of ads for the Judges Cup Program

The gift certificate system was put into effect in the fall of 2009. If you are interested in selling raffle tickets, please contact Connie Schultz [cmsjudge@ptd.net]. If you are interested in selling ads for the Judges Cup Program, please contact Marcy Blitz [blitzmarcy@gmail.com].

welcome

to the new officials joining us this season!

It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.



If you are a Level 10 or higher rated official, and you are interested in judging college, please visit the NAWGJ website (www.nawgj.org) for more information. You must enter your information into the JAS system (www.roadtonationals.com/jas) by September 25. If you have never judged college before and would like to, please fill out and return the new college judges form that is on the NAWGJ website.

UPCOMING TESTING

If you are interested in taking an optional practical exam, we have testing dates scheduled on 9/29 and 11/22 in Western PA. Visit the USA Gymnastics website to view the master test schedule to see when additional dates are added and to register. As a reminder, if there is a testing date in another state that works for your schedule/location you may take the exam anywhere.

Kwiz Korner | Answers

1. A, B, D | 2. C | 3. B, D | 4. D

Judges' Expense Voucher 2024-2025

Date: _____

Meet: _____

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS Itemize	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

DAY 1
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 2
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 3
Report Time:
Meet End Time:
Total Time on site = hours paid:

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Leslie Boyer and Western judges mail to Kathy Ritchie.
 Leslie Boyer ~ 107 Crossings Lane, Lewisburg, PA 17837 | Kathy Ritchie ~ 6001 Pudding Stone Lane, Bethel Park, PA 15102