

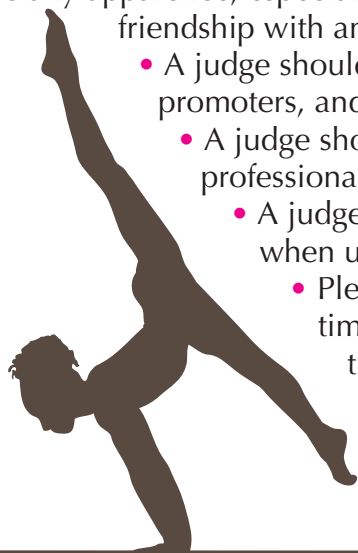
# PA NAWGJ NEWS

September 2019

## Reminders as we start the 2019-2020 season...

The NAWGJ Canons can be found on the NAWGJ website, but here are a couple of highlights -

- A judge should assist in maintaining the integrity and competence of the profession of judging women's gymnastic events.
- A judge should avoid even the appearance of professional impropriety
- A judge should be well qualified in gymnastics, know the rules, and be thoroughly prepared for each assignment.
- A judge should be completely unbiased. A judge should not give any appearance, especially at a meet, of any particular friendship with any coach or competitor.
  - A judge should treat gymnasts, coaches, judges, promoters, and spectators with respect.
  - A judge should at all times both look and act professionally.
  - A judge should exercise good judgement when using social networking media.
    - Please arrive to your meets in a timely fashion, and do not leave the floor before the session is complete.



Do you want something included in the next newsletter?  
Let me know! Email me at [m.blitz@comcast.net](mailto:m.blitz@comcast.net)

## Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. A video review can occur at which meets?
  - A. All USAG sanctioned competitions
  - B. All USAG sanctioned optional competitions
  - C. All state and higher meets, compulsories and optionals
  - D. Only at regional and national competitions
2. Which of the following is incorrect regarding when a video review may be used?
  - A. To determine if a full turn on floor was complete enough to get Special Requirement
  - B. To determine if the feet hit first on a beam dismount
  - C. To determine if a compulsory back walkover was spotted on beam
  - D. To determine if the gymnast stepped over the boundary line on floor
3. Which of the follow is correct regarding the request for a video review?
  - A. The coach should bring the request to the Chief Judge of the event in question
  - B. The video must have been taken from the same view as the Chief Judge
  - C. The video review may be performed in slow motion to determine if the athletes hands touched the bar before a fall on a release skill
  - D. The coach should expect a decision within 15 minutes of the conclusion of the meet, and before awards

## GymJAS

Please log into your GymJAS account and make sure all personal information is accurate, including expiration dates and affiliation. We cannot change any of your personal information for you, you are the only one that can access this. It is important that your expiration dates are current, as these dates are listed on the contracts you generate when you accept a meet and meet directors will contact you or the assigners if they think you are out of date. Please log into your USAG and NAWGJ accounts to confirm the dates you have listed in GymJAS are the correct dates. These dates are not automatically pulled in from USAG or NAWGJ when you update, so you have to manually change the date(s) yourself.

Also, please make sure you have an emergency contact listed. In the event that something happens to you at a meet it is helpful to be able to reach out to the person of your choice.

Save the dates...

## UPCOMING CLINCS/EVENTS

### High Performance - September 13-15 | Woodward, PA

This camp will be eligible for volunteer CPE credit and possibly a couple clinic CPE credits. You will need to register in advance if you are planning to attend.

### PA NAWGJ/PA USAG State Clinic - September 28-29 | Centre Elite (State College, PA)

Clinic CPE credit will be available. Register with Marcy Blitz if you are planning to attend.

### Western Critique Clinic - October 5 | Falcon Gymnastics (Belle Vernon, PA)

Contact Charity Ruhl if you are planning to attend.

## TESTING YEAR GIFT CERTIFICATE SYSTEM (REPRINT)

A gift certificate system is still in place in order to earn an educational gift certificate for a testing year. You will need to earn 4 credits over the cycle with no more than 2 credits being earned in a year (August 1 - July 31). No credits can be carried over to the next testing cycle. Educational gift certificates will be awarded on a pro-rated system (i.e. if you earn 3 credits over the 4 years you will earn 75% of the gift certificate). One credit can be earned via the following ways -

- Volunteer a minimum of 2 sessions at the Judges Cup
- Volunteer 1 day at the Western Critique Clinic
- Sell a minimum of \$250 worth of raffle tickets (tickets are for 1 free week for summer camp at Woodward, International and Parkettes)
- Sell a minimum of \$250 worth of ads for the Judges Cup Program

The gift certificate system was put into effect in the fall of 2009. If you are interested in selling raffle tickets, please contact Connie Schultz [cmsjudge@ptd.net]. If you are interested in selling ads for the Judges Cup Program, please contact Marcy Blitz [blitzmarcy@gmail.com].

## REMINDERS/UPDATES

Please NO solicitation!  
Our personal information is to be used for professional reasons only.

- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Marcy Blitz know if any of your information in the judges directory is incorrect so it can be corrected.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD.
- Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

## 2019 Judges Cup

### DECEMBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Judges Cup will be held the weekend of December 13-15 at KMC Gymnastics. Please save the date and plan on volunteering at some point during the weekend.

# 2020 state meet schedule •

March 13-15 | Xcel States, Centre Elite  
March 21-22 | Level 7 States, Somerton  
March 28-29 | Level 9/10 States, Xquisite  
April 4-5 | Level 8 States, Central Bucks  
April 18-19 | Level 6 States, Girls Co-Op  
April 25-26 | Level 5 States, KMC  
May 2-3 | Level 4 States, Erie Gymnastics  
May 9-10 | Level 3 States, Dynamats



If you are a Level 10 or higher rated official, and you are interested in judging college, please visit the NAWGJ website ([www.nawgj.org](http://www.nawgj.org)) for more information. You must enter your information into the JAS system by September 25. If you have never judged college before and would like to, please fill out and return the new college judges form that is on the NAWGJ website.

*Kwiz Korner* | Answers  
1.C | 2.A | 3.D

## IMPORTANT EMAIL ADDRESSES

Myra Elfenbein, Region 7 Technical Director  
[region7rtc@comcast.net](mailto:region7rtc@comcast.net)  
Bonnie Synol, RJD | [bsynol61@yahoo.com](mailto:bsynol61@yahoo.com)  
Donna Guenther, USAG Chairperson  
[somerton155@comcast.net](mailto:somerton155@comcast.net)  
Marcy Blitz, SJD | [blitzmarcy@gmail.com](mailto:blitzmarcy@gmail.com)  
Evelyn Chandler, NAWGJ President | [presnawgj@aol.com](mailto:presnawgj@aol.com)

CPE cards are to be sent to  
Connie Schultz by June 1.  
Please send them to her at the following address -  
2555 Prince Drive, Coplay, PA 18037  
or email them to her at [cmsjudge@ptd.net](mailto:cmsjudge@ptd.net)

**BE SURE TO CHECK OUT THE  
FOLLOWING WEBSITES -**

[www.panawgj.org](http://www.panawgj.org)  
[www.region7usagym.com](http://www.region7usagym.com)  
[www.pagymnastics.com](http://www.pagymnastics.com)  
[www.usa-gymnastics.org](http://www.usa-gymnastics.org)

**It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.**

# Judges' Expense Voucher

Date: \_\_\_\_\_

Meet: \_\_\_\_\_

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

<b>DAY 1</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

<b>DAY 2</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

<b>DAY 3</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Leslie Boyer and Western judges mail to Patty Spisak.  
 Leslie Boyer ~ 107 Crossings Lane, Lewisburg, PA 17837 | Patty Spisak ~ 9911 LeGrand Drive, Wexford, PA 15090