

PA NAWGJ NEWS

May 2017

CURRENT RATINGS

Listed below is the current list of judges in PA and DE. The Brevets are in 2 categories and the Nationals are listed in the year they received their National rating. The Level 10 through 4/5 officials are listed in the chronological order they received their current rating. If you believe your rating is incorrect, please notify Terry McGirk or Marcy Blitz.

International Brevet - Cheryl Hamilton, Silvia Topalova

Brevets - Nancy Claar, Toni Kardos, Margie Myers, Jane Caruso, Carole Micsion

National/Elite 1993 - Marilyn Schnaars, Barb Cutillo, Terry McGirk, Mary Ann Olson, Barb Jani, Susan D'Amato

National/Elite 1997 - Teresa Bailey, Debbie Yohman, Mark Welch, Patty Vitale, Gina Amrich

National 2001 - Claire Pore, Audrey Rozinsky, Anne Malone

National 2005 - Lynn Ross, Kristina Olson Berryman, Cathy Cormier

National 2009 - Susan Adamczyk, Kim Silloway, Patti Spisak, Connie Schultz, Amy Miller, Tia Tedder, Kathy Ritchie, Christine Erickson, Jeannie Lippert, TC Goodwin, Tamara Lomanovitch, Patti Walter, Cynthia Hills

National 2013 - Amy Busse, Carla Ceralde, Leslie Boyer, Tammy Nulph, Maria Squire, Val Miller

Level 10s - Jan Morrow, Marcy Blitz, Jean Noecker, Abby Menna, Joyce Schaffer, Stella Hewlett, Kathy Vicario, Shannon Watson, Kate Shiller, Laura Winters, Kristine Eichenlaub, Lisa Weiland, Stephanie Myers, Sara McCoy, Leanne Chishko, Crissy MacDonald, Katie Firmstone, Amanda Ross, Michelle Marshall, Derek Marmo, Sara McShane, Gina Provenzano, Ivan Guertchev, Linda Kothe, Robin Coons, Alison Fischer, Cindy Loring, Zach Lessen, Denise Johnson, Debbie Hinnebusch, Kristin Bradford, Sherri Horne

Level 9s - Donna Kreckel, Beth Stracka, Stacy Hoffman, Charity Ruhl, Laurie Lengel, Jessica DeShong, Crystal Hinnebusch, Evelyne Hopkins

Level 8s - Amy Short, Jessica Guffey, Megan Goodrich, Kelsie Schafer, Brooke Lawson, Olimpia Petcu, Jennifer Redmond, John Rowe, Kelly Hoyt, Kelly Moran, Stephanie Schmidt, Kylie Schafer, Kristen Elk, Jennifer Lowe, Tara Brandstad, Olivia Labs, Michelle Feldman, James Rossi, Melissa Diegel, Rhiannon Abrahamsen

Level 4/5s - Amy Glunt, Amanda Angstadt, Tammy Scovronski, Caitlin Stine, Kelsey Blair, Kelli Myers, Janelle Yerty, Hannah Gentile, Sarah Sanderson, Debbie Schwab, Anna Lindemuth, Jennifer Blatt, Melissa Caviston, Heidi Sue Albaugh, Amanda Hilliker, Kayla Taylor, Luz Mila Rivera

Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. A Level 3 gymnast performs the glide mount from the mount trainer mat. As she is tiny, she also needs the mount trainer mount to perform the pullover, the second part of the compulsory mount. Therefore, after completing the forward glide, she returns to the mount trainer mount and successfully performs the pullover. Which statement is correct?

- A. No problem, the mount trainer mat, or any mounting apparatus, may be used for each part of the mount
- B. This is a .3 deduction by the chief judge, because the mount trainer mount, or any mounting apparatus, must be permanently removed after the glide
- C. This is a .3 deduction by each judge, because the mount trainer mount, or any mounting apparatus, must be permanently removed after the glide
- D. The gymnast may only use the mount trainer mat, or any mounting apparatus for the pullover mount, if it has FIRST been removed after the glide, and then safely re-inserted for the gymnast to step back onto.

2. An Xcel vaulter needs to use the alternative springboard (air board) to perform her vault. Which of the following statements is true?

- A. The alternative springboard may be used at all Xcel divisions with no deductions
- B. The alternative springboard may only be used with no deduction at the Bronze Division
- C. The alternative springboard may be used at Bronze and Silver with no deduction, but will incur a .3 deduction for improper equipment at Gold, Platinum, and Diamond
- D. The alternative springboard may be used at Bronze and Silver with no deduction, but will incur a .5 deduction from the Start Value at Gold

3. Coach John is short and needs to spot a Pak salto on bars. He pulls in a springboard to stand on while he spots the release skill. Which of the following is true?

- A. No problem as long as he removes the board right after the skill is performed
- B. The chief judge takes .3 if Coach John leaves it there the whole routine
- C. If Coach John was so short that he needed a chair to stand on instead of the board the Chief Judge would still take .3, but only after a warning
- D. All of the above are true
- E. Only A and B are true

Save the dates...

UPCOMING CLINCS/EVENTS

Region 7 Congress - June 16-18 | Baltimore, MD

For more information and to register please visit the USA Gymnastics website. You can earn CPE credits for attendance at Congress.

Pre-Season Prep - July 14-16 | Newport News, VA

Please visit the Region 7 website for a registration form. This camp will be eligible for volunteer CPE credit.

National Congress - August 17-19 | Anaheim, CA

For more information and to register please visit the USA Gymnastics website. You can earn CPE credits for attendance at Congress.

High Performance Camp - September 15-17 | Woodward, PA

Please visit the Region 7 website for a registration form closer to the time. This camp will be eligible for volunteer CPE credit and possibly a couple clinic CPE credits.

PA State Clinic - International Gymnastics Camp

Tentatively scheduled for the weekend of September 29-October 1. More information will be released as it becomes available.

Western Critique Clinic - TBA

Scheduled for western PA. More information will be released as it becomes available.

MEMBERSHIP RENEWALS

A reminder that all USAG memberships expire on July 31, 2017. Some background checks and safety certifications may expire on the same date, so please check your profile by logging into the USAG website.

NAWGJ memberships also expire on July 31. Please log into the NAWGJ membership site to see if it is time for you to renew.

REMINDERS/UPDATES

Please NO solicitation!
Our personal information is to be used for professional reasons only.

- For **ALL** meets you are assigned to you are required to send your USAG number to the meet director prior to the meet.
- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- The CPE requirements for all levels of judges are listed on page 32-34 of Rules and Policies.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Terry McGirk, Toni Kardos and Marcy Blitz know if any of your information in the judges directory is incorrect so we can correct it.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD.
- Please do not wait until the last minute to renew your USAG membership, safety certification, and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

Once you achieve a new rating, please let Terry McGirk or Marcy Blitz know right away. You may not be assigned if we do not have up-to-date information on your rating.

IMPORTANT INFORMATION REGARDING MEETS NEXT SEASON

- To be eligible to judge USAICG sanctioned competitions you must attend a USAIGC Rules Clinic. These clinics are held in the fall and are free to attend. More information will be sent out as it becomes available.
- To be eligible to judge a USAG Regional meet you must attend Region 7 Congress or one of the Region 7 training camps. Attendance at one of the listed events does not guarantee you a regional meet, but it does make you eligible.
- In order to be assigned to any USAG or YMCA competition you must be a member of NAWGJ. If you are not a NAWGJ member you will not be assigned to future meets.

NATIONAL/BREVET TEST

This is a reminder that if you are eligible for the National or Brevet test in 2018 your eligibility forms are to be sent to the Region 7 RTCC (Myra Elfenbein) between June 1 and November 1. If you still need to complete any of the items on the form you can still do that this year due to the extension of the optional cycle. You must have achieved a Level 10 rating by December 31, 2009 to be eligible to take the National test for the first time. You need to have attended two of the approved educational events and also volunteered at a minimum of 2 separate approved functions for at least 12 hours. See the Eligibility Form for more specific details. There are still events this summer that would help you fulfill these requirements if needed.

IMPORTANT EMAIL ADDRESSES

Myra Elfenbein, Region 7 Technical Director
region7rtc@comcast.net
Bonnie Synol, RJD | bsynol61@yahoo.com
Donna Guenther, USAG Chairperson
somerton155@comcast.net
Terry McGirk, Co-SJD | terrymcgirk@gmail.com
Marcy Blitz, Co-SJD | m.blitz@comcast.net
Evelyn Chandler, NAWGJ President | presnawgj@aol.com
Toni Kardos | TtKardos307@aol.com
Connie Schultz | cmsjudge@ptd.net

CPE cards are to be sent to
Connie Schultz by June 1.
Please send them to her at the following address -
2555 Prince Drive, Coplay, PA 18037
or email them to her at cmsjudge@ptd.net

BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

www.panawgj.org
www.region7usagym.com
www.pagymnastics.com
www.usa-gymnastics.org

Kwiz Korner | Answers
1. B 2. D 3. E

Judges' Expense Voucher

Date: _____

Meet: _____

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

DAY 1
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

DAY 2
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

DAY 3
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Tia Tedder and Western judges mail to Toni Kardos.
Tia Tedder ~ 1208 Cutler Circle, Lancaster, PA 17601 | Toni Kardos ~ 1107 Ada Drive, North Huntingdon, PA 15642