

PA NAWGJ NEWS

January 2016

Pennsylvania Judges Cup

Pennsylvania Judges Cup was held at KMC Gymnastics this year the weekend of December 18-20. What a success! A big THANK YOU to the following judges for volunteering their time -



Susan Adamczyk
Gina Amrich
Kris Berryman
Marcy Blitz
Leslie Boyer
Kristen Bradford
Amy Busse
Jane Caruso
Carla Ceralde
Nancy Claar
Robin Coons
Barb Cutillo
Susan D'Amato
Jessica Deshong
Stacy Erdman
Chris Erickson

TC Goodwin
Stella Hewlett
Evelyne Hopkins
Denise Johnson
Linda Kothe
Laurie Lengel
Zach Lessen
Tamara Lomanovitch
Cindy Loring
Michelle Marshall
Terry McGirk
Carole Micsion
Amy Miller
Jan Morrow
Margie Myers
Stephanie Myers

Jean Noecker
Mary Ann Olson
Olimpia Petcu
Jenn Redmond
Lynn Ross
Stephanie Schmidt
Marilyn Schnaars
Connie Schultz
Tammy Scovronski
Durofchalk
Tia Tedder
Kathy Vicario
Patty Vitale
Patti Walters
Shannon Watson



And
thank you,
thank you, thank you
to Terry McGirk for
planning and
organizing the entire weekend!

CRITIQUE CLINIC

Emerald City
Gymnastics

A Critique Clinic was held at Emerald City Gymnastics. 15 teams participated in the clinic. A special thank you to Tammy Nulph for organizing the clinic which raised money for the NAWGJ education fund.

Also, thank you to the following judges for volunteering -

Teresa Bailey	Barb Jani	Claire Pore
Leeanne Chishko	Toni Kardos	Audrey Rozinsky
Donna Geyer	Donna Kreckel	Charity Ruhl
Megan Goodrich	Jeannie Lippert	Kelsey Schafer
Cynthia Hills	Derek Marmo	Joyce Shaffer
Debbie Hinnebusch	Sara McCoy	Kim Silloway
Stacy Hoffman	Val Miller	Patti Spisak
Sherri Horne	Tammy Nulph	Lisa Weiland

LEVEL 7 NATIONAL JUDGES CUP TEAM

Pennsylvania is sending 2 level 7 teams to the National Judges Cup. The A team will represent PA in the state team competition and the B team will compete in a level 7 session. The meet will be held January 9 in Covington, KY. Barb Cutillo and Nancy Claar will represent the Pennsylvania judges. The team members are -

Rachel Bieler | Paramount • Pearl Butz | Prestige
Kailen Evans | Prestige | Lydia Kibler | Prestige
Hannah LaFave | United Sports • Kayla Long | Paramount
Samantha Noble | Prestige
Taryn Peters | Prestige
Brienna Reinike | Prestige
Linnea Vasali | ASAP
Gracie Weaver | Uzelac
Katelyn Williams | Prestige



Do you want something included in the next newsletter?
Let me know! Email me at m.blitz@comcast.net

Kwiz Korner | Questions

Welcome to our new section of the newsletter! Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. What's the Start Value of this Level 9 Floor Routine?

- 1st acro series - Round off, backhandspring, full
- 2nd acro series - Front handspring, front layout salto, front layout salto
- 3rd acro series - Roundoff, backhandspring, full
- Double turn
- Dance passage - Split leap to a sissone

2. What's the Start Value of this Level 9 Bar Routine?

- Glide kip mount, cast to handstand, clear hip to handstand, toe shoot to high bar, long hang kip, cast to handstand, giant circle backward, clear hip circle to handstand, double back dismount

3. What's the Start Value of this Level 9 Beam Routine?

- Jump to front support mount, back handspring to layout step out (connected), straddle jump to split jump half turn (connected), full and a half turn on one foot, back handspring stepout to backhandspring stepout to double full dismount (connected)

UPCOMING CLINCS/EVENTS

Pre-Season Prep - June 24-26 | Newport News, VA

This camp will be eligible for volunteer CPE credit. You will need to register in advance if you are planning to attend. More information will be sent closer to the time.

National Congress - July 8-19, 2016 | San Jose, CA

Check the USA Gymnastics website for more information concerning National Congress.

Region 7 Congress - July 22-24, 2016 | Baltimore, MD

GROUP RATE FOR REGION 7 CONGRESS

There will be a discounted group rate available for PA NAWGJ judges to attend Region 7 Congress. Please watch your email for more information regarding registering as part of the group.

High Performance - September 16-18 | Woodward, PA

This camp will be eligible for volunteer CPE credit and possibly a couple clinic CPE credits. You will need to register in advance if you are planning to attend. More information will be sent closer to the time.

REMINDERS/UPDATES

Please NO solicitation!
Our personal information is to be used for professional reasons only.

- For **ALL** meets you are assigned to you are required to send your USAG number to the meet director prior to the meet.
- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee or event assigner know immediately so that she may make the proper changes.
- The CPE requirements for all levels of judges are listed on page 53 & 54 of Rules and Policies.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 65-68 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Terry McGirk, Toni Kardos and Marcy Blitz know if any of your information in the judges directory is incorrect so we can correct it.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD.
- Please do not wait until the last minute to renew your USAG membership, safety certification, and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

Once you achieve a new rating, please let Terry McGirk or Marcy Blitz know right away. You may not be assigned if we do not have up-to-date information on your rating.

BUDGET 2016

Expenditures -

\$25,000.00 - Judges Cup
\$3,000.00 - National Judges Cup (2 judges)
\$800.00 - SJD attendance at Regional Congress
\$2,500.00 - National SJD meeting
\$1,200.00 - Office Supplies (postage, operating supplies)
\$1,200.00 - Telephone/fax/internet
\$2,000.00 - Camp vouchers
\$700.00 - Board and State meetings
\$36,400.00 - Total Expenditures

Income -

\$35,000.00 - Judges Cup
\$2,500.00 - Assigning fees
\$3,100.00 - Clinics
\$2,000.00 - Raffles
\$42,300.00 - Total Income

10/31/2015 Quarterly Report
\$55,041.72 - Checking
\$20,061.45 - Savings
\$75,103.17 - Total

10/31/15 - Educational Voucher
\$35,228.51



Kwiz Korner | Answers

1. SV of 8.2.

Minus .5 - missing 3 different saltos
Minus .5 - missing B salto dismount
Minus .3 - no dismount
Minus .3 - missing B
Plus .1 for front layout front layout connecton

2. SV of 8.9

Minus .5 - missing 2nd bar change
Minus .5 - missing 2nd flight element or LA turn
Plus .1 for clear hip handstand to toe shoot to high bar
Plus .1 for clear hip handstand to double back dismount

3. SV of 9.8

3rd back handspring stepout does not count. Thus, only 7 skills in the routine. Missing an A VP, minus .1. No bonus for dismount series because of 3rd backhandspring. Plus .1 for backhandspring stepout to layout stepout connection and plus .1 for straddle jump to split jump half turn connection.

IMPORTANT EMAIL ADDRESSES

Myra Efenbein, Region 7 Technical Director
region7rtc@comcast.net
Bonnie Synol, RJD | bsynol61@yahoo.com
Donna Guenther, USAG Chairperson
somerton155@comcast.net
Terry McGirk, Co-SJD | terrymcgirk@gmail.com
Marcy Blitz, Co-SJD | m.blitz@comcast.net
Evelyn Chandler, NAWGJ President | presnawgj@aol.com
Toni Kardos | TtKardos307@aol.com
Connie Schultz | cmsjudge@ptd.net

CPE cards are to be sent to Connie Schultz.
Please send them to her at the following address -
2555 Prince Drive, Coplay, PA 18037
or email them to her at cmsjudge@ptd.net

BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

www.panawgj.org
www.region7gymnastics.com
www.pagymnastics.com
www.usa-gymnastics.org

MILEAGE UPDATE



Effective January 1, 2016, the rate for mileage reimbursement for judges is \$.54/mile to reflect the recent increase in the IRS standard mileage rate.

Judges' Expense Voucher

Date: _____

Meet: _____

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

DAY 1			
	March In	End	Judging Time
Session 1			
Session 2			
Session 3			
TOTAL JUDGING TIME			
Total Time At Meet		_____	
LESS Break Time*		_____	
HOURS TO BE PAID			
*Actual break OR allowable break, whichever is less			

DAY 2			
	March In	End	Judging Time
Session 1			
Session 2			
Session 3			
TOTAL JUDGING TIME			
Total Time At Meet		_____	
LESS Break Time*		_____	
HOURS TO BE PAID			
*Actual break OR allowable break, whichever is less			

DAY 3			
	March In	End	Judging Time
Session 1			
Session 2			
Session 3			
TOTAL JUDGING TIME			
Total Time At Meet		_____	
LESS Break Time*		_____	
HOURS TO BE PAID			
*Actual break OR allowable break, whichever is less			

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Tia Tedder and Western judges mail to Toni Kardos.
 Tia Tedder ~ 1208 Cutler Circle, Lancaster, PA 17601 | Toni Kardos ~ 1107 Ada Drive, North Huntingdon, PA 15642