

## Pennsylvania Judges Cup

Pennsylvania Judges Cup was held at AJS Pancott this year the weekend of December 12-14. What a success! A big THANK YOU to the following judges for volunteering their time or making a donation -



Susan Adamczyk	Julia Harris	Amy Miller
Marcy Blitz	Stella Hewlett	Jan Morrow
Leslie Boyer	Jeannette Jefferson	Stephanie Myers
Janet Bufalino	Denise Johnson	Jean Noecker
Amy Busse	Meaghan Jones	Kris Olson
Theresa Carr	Linda Kothe	Mary Ann Olson
Carla Ceralde	Amanda Lane	Connie Schultz
Catie Curtis	Tracy Longenecker	Deb Schwab
Barbara Cutillo	Tamara Lomanovitch	Maggie Tamburro
Marianne Edwards	Cindy Loring	Tia Tedder
Alison Fischer	Anne Malone	Monique Vaughn
Ashlie Grimes	Michelle Marshall	Kathy Vicario
Jessica Guffey	Kelly McLaughlin	Shannon Watson
	Abby Menna	Tracy Young-Siverson



**And thank you,  
thank you,  
thank you  
to Laurie Lengel for planning  
and organizing the entire weekend!**

**Do you want something included in the next newsletter?**  
Let me know! Email llengel3987@gmail.com

## Quiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. You are judging Xcel Silver and Gold bars, and the athlete performs the tap swing forward wit half turn dismount, and does not touch her hand. What do you do?  
A. Deduct the 0.30 as it is the same as the compulsory Level 4 deduction  
B. Deduct the SR dismount as she didn't complete the dismount and there it is not a skill  
C. Deduct for execution only as this is an allowable dismount at this Xcel division  
D. Doesn't matter because I thought she touched the bar anyway
2. A Bronze athlete is planning on doing Vault Option 2 - Handstand onto Mat Stack to flat lying position. 1st attempt: She runs and balks. 2nd attempt: She runs and jumps on the board, arrives in 3/4 handstand and comes back down onto the board. 3rd attempt: She jumps to support on the hands, but comes back down to squat stand on the Mat Stack. What is her score?  
A. 4.0 because the 3rd attempt would also be a void vault and that's her courtesy score  
B. Zero as both attempts were void  
C. Judge it from the 9.00 start value
3. That same Bronze athlete then performs a kick up to handstand, fall flat back after she squats down stand on the Mat Stack. How do you now socre this?  
A. Void and give her the courtesy score of 4.0 since she called the wrong vault  
B. Zero because this isn't an allowable entrance or vault for this level  
C. Her max score would be a 4.50 as she is permitted to do the other option without deduction, but would get a zero for the 1st incorrect part.

## CRITIQUE CLINIC

A Critique Clinic was held at Butler Gymnastics. A special thank you to Sara McCoy for organizing the clinic, which raised money for the PA/DE NAWGJ education fund. Also, thank you to the following judges for volunteering -

Cathy Cormier	Linda Kothe	Audrey Rozinsky
Abby Griffith	Laurie Lengel	Joyce Shaffer
Debbie Hinnebusch	Jeannie Lippert	Kim Silloway
Sherri Horne	Jean Noecker	Mike Tautin
Barb Jani	Tammy Nulph	Laura Winters
Leanne Kardos	Kathy Ritchie	Deb Yohman
Kenna Kazmer	Lynn Ross	
Ali Kirby	James Rossi	

Save the dates...

## UPCOMING CLINICS/EVENTS

**PA NAWGJ Testing Clinic - May 30 | Harrisburg, PA**  
Stay tuned for more information and to register.

**PA USAG State Training Event - July 11-12 | Skyline, York, PA**  
Stay tuned for more information and volunteer opportunities.

**Region 7 Congress - July 24-26 | Bethlehem, PA**  
See your email for information about group registration with PA/DE NAWGJ.

**National Congress - August 7-9 | Phoenix, AZ**  
Group registration will be out shortly. Watch your emails for more information.

**NAWGJ National Symposium - July 15-18, 2027 | Kansas City, KS**  
Save the date and look for more information as we get closer to the time

## GymJAS Reminders

- Please confirm the meet location prior to arriving at an assignment. You can view meet details through the "Display Meet Details" button, and also check with the meet referee if you aren't sure.
- Please log into the system and accept all outstanding contracts. If you need to decline a meet please let the assigner know as soon as possible so they can work on a replacement. ***It is important that you create a contract in addition to accepting the meet. By accepting the contract you can also accept in one step!***
- Please log into the system and make sure your availability is as up to date as possible. This will help the assigners out very much!

## Activity Reports

Please enter a Professional Activity Report anytime you go into a gym in your role as a NAWGJ judge and you do not have a NAWGJ contract. There is a button on GymJas called "Activity Reports". This form allows you to report professional activity (mock meets, in-gym experience, Training Camp, volunteering, etc.) related to your role as a NAWGJ gymnastics judge in case a report is needed for General or Professional Liability Insurance documentation. **Please also fill out one of these forms for every NCAA assignment as the contracts come directly from the schools or NCAA and not NAWGJ.**

You DO NOT need to fill out this form for any activity where you receive and accept an official contract from NAWGJ -- it is just for those activities that do not come with a contract.

As an active NAWGJ judge, you are covered by insurance during all of these activities in the event an accident should occur, and this form simply assists with documentation.

## REMINDERS/UPDATES

Please NO solicitation!  
Our personal information is to be used for professional reasons only.

- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour.
- If any of your information changes (i.e. rating, address, etc.) please notify Laurie Lengel, PA/DE Co-SJD and Linda Kothe PA/DE Co-SJD, and update your information on the GymJas, USAG and NAWGJ websites.
- Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets

## MILEAGE UPDATE



Effective January 1, 2026, the rate for mileage reimbursement for judges is \$.725/mile to reflect the recent adjustment in the IRS standard mileage rate.

## No Phones on the Floor

Please remember per USAG policy that no phones are to be out while you are on the floor. Please walk off the floor at the appropriate time if you need to use your phone.



# BUDGET 2026

Beginning November 1, 2025 for current fiscal year.

PA/DE NAWGJ Budget - November 1, 2025 thru October 31, 2026		Proposed Budget 2025-2026
Re: Operating Budget		
Approximate Beginning Balance on 11/1/2025		131,804
<b>Income</b>		
Pa Judges Cup		30,000
Western Critique Clinic	(October 2026)	6,000
State Clinics		2,750
Assigning Fees		6,000
Raffles		1,000
National Judges Cup	(Level 7 Qualifier)	2,000
Other Income		
Region 7 Congress	(Registration)	11,000
PA/DE Service Banquet		
Interest Earned		50
	<b>Total Income</b>	<b>58,800</b>
<b>Expenses</b>		
PA Judges Cup		22,000
NAWGJ Membership		4,000
National Judges Cup:		2,500
2 Judges		5,000
5 Gymnasts		250
L7 Qualifier Expenses		0
National SID Meeting		1,000
SID Attendance at Western Critique		1,000
SID Attendance at Regional Congress		500
State Board Meeting		1,500
Operating Supplies		1,500
Telephone/Internet/Website Fees		1,250
Gifts (memorials, hospital, etc.)		500
Donation to Helping Hands		1,000
Bank Charges		50
Assigning Website		700
Other Expenses		
Education:		5,000
State Clinic (Spring National Course and Fall All Members Course)		11,000
Region 7 Congress	(Registration)	4,000
Western Critique Clinic	(October 2026)	0
Assistance for National Symposium		0
USAG Judges Flip Books		0
Judges Name Tag Pins (New Judges)		100
PA/DE NAWGJ Service Banquet		0
Outstanding Gift Certificates:		
Educational Gift Certificates		7,500
Testing Gift Certificates (Estimate)		40,000
Camp Gift Certificates		1,000
	<b>Total Expenses</b>	<b>109,850</b>
	<b>Net Income [ Positive / (Negative) ]</b>	<b>(51,050)</b>
Projected Ending Balance on 10/31/2026		80,754

## LEVEL 7 NATIONAL JUDGES CUP TEAM

PA sent 2 Level 7 teams to the National Judges Cup. The State Team represented PA in the state team competition and finished 9th. The All-Star team competed in a level 7 session and placed 3rd. Congratulations to the following 1st place finishers: Leyla F (vault, all-around), Quinn L (beam), True M (vault) and Cassidy P (bars, beam, all-around). The meet was held Jan. 2-4 in Anaheim, CA. Abby Menna, Amy Busse, Lynn Ross, Anne Malone, and Meaghan Jones volunteered their time.

The team members were -

Gabriella Bonilla | Force • Myla Carlough | Hershey  
 Leyla Funk | Allison Biondi • Brooke Joerger | Aerials  
 Quinn Luce | Allison Biondi • Megan Matthews | Hanover  
 Natalie Montecupo | Allison Biondi • True Murry | Hershey  
 Cassidy Pace | Centre Elite • Kyla Page | Hershey  
 Kennedy Perks | Centre Elite • Dri Vanoni | Hershey



## IMPORTANT EMAIL ADDRESSES

Jane Caruso, Region 7 Technical Director  
 janecaruso2@gmail.com  
 Bonnie Synol, RJD | bsynol61@gmail.com  
 Carla Ceralde, PA USAG State Chair  
 pausag155@gmail.com  
 Laurie Lengel, PA/DE Co-SJD | llengel3987@gmail.com  
 Linda Kothe, PA/DE Co-SJD | lkothe65@gmail.com  
 Teresa Barnard, NAWGJ President | Teresa.barnard@cox.net  
 Jen Skorski, Region 7 Xcel Chair | jcpjgiant@gmail.com

CPE cards are to be sent to  
 Laura Winters by June 1.  
 Please send them to her at the following address -  
  
 719 East End Avenue, Pittsburgh, PA 15221  
 or email them to her at masters.80@gmail.com

## BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

- [www.panawgj.org](http://www.panawgj.org)
- [www.region7usagym.com](http://www.region7usagym.com)
- [www.pagymnastics.com](http://www.pagymnastics.com)
- [www.usagym.org](http://www.usagym.org)
- [www.nawgj.org](http://www.nawgj.org)

**It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.**

Kwiz Korner | Answers

1. C
2. B
3. C

# Judges' Expense Voucher 2025-2026

Date: \_\_\_\_\_

Meet: \_\_\_\_\_

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS Itemize	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

DAY 1
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 2
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 3
Report Time:
Meet End Time:
Total Time on site = hours paid:

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. All Expense Vouchers should be sent to:  
Laurie Lengel ~ 3987 Trails Way East, Doylestown, PA 18902