

PA/DE NAWGJ News

September 2025

Reminders as we start the 2025-2026 season...

The NAWGJ Code of Professional Responsibility can be found on the NAWGJ website, but here are a couple of highlights -

- A judge should assist in maintaining the integrity and competence of the profession of judging women's gymnastic events.
- A judge should avoid even the appearance of professional impropriety
- A judge should be well qualified in gymnastics, know the rules, and be thoroughly prepared for each assignment.
- A judge should be completely unbiased. A judge should not give any appearance, especially at a meet, of any particular friendship with any coach or competitor.
- A judge should treat gymnasts, coaches, judges, promoters, and spectators with respect.
- A judge should at all times both look and act professionally.
- A judge who has accepted a contract issued by NAWGJ and who later decides to decline the assignment, must communicate with the designated assigning official at the earliest possible time. If there is an appropriate replacement available, the judge may be released from the contract; if not, the original contract shall remain valid. Non-compliance may be considered a violation of the NAWGJ Code of Professional Responsibility and may be addressed accordingly. Exceptions may be made for emergency situations such as illness, family emergency, or other valid reasons.

Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. An athlete is doing a Maloney when the upright tensions slide loose. She touches the bar but falls. Do you deduct for the fall?
A. Yes
B. No
C. No idea, but glad she didn't get hurt!
2. The same athlete then goes up to restart her routine. Where does she start?
A. With her next skill because she touched the bar and already received the DVP
B. With the Maloney because she would be missing a potential bonus connection with her next skill
C. Wait for the head judge to tell me what the start value should be?
3. An athlete is doing a straddle jump on beam when the end cap comes off and she falls. What do you do?
A. Deduct 0.50 for the fall
B. No deduction for the fall as this is equipment failure
C. Let her repeat the skill without deduction

Meet your 2025-2027 PA/DE NAWGJ Committee!

Amy Busse - Treasurer
Jeannie Lippert - Education
Sara McCoy - Western Critique Coordinator
Kelly McLaughlin - Assigner
Abby Menna - Assigner
Jean Noecker - Judging Mentor/New Judge Coordinator
Kathy Ritchie - Assigner
Charity Ruhl - Secretary/Webmaster
Laura Winters - CPE Coordinator

Appointed Members
Marcy Blitz
Barb Cutillo
Terry McGirk
Stephanie Myers (Education Assistant)
Mary Ann Olson

Save the dates...

UPCOMING CLINICS/EVENTS

Region 7 High Performance Camp - September 13-14
| Apollo Gymnastics (Woodbridge, VA)
Event FULL

Western Critique Clinic - October 4-5 | Butler Gymnastics
Contact Sara McCoy (saramccoy16@hotmail.com) if you are planning to volunteer.

PA/DE NAWGJ Clinic - September 28 | Zoom
7:30-9:00 PM. CPE clinic credit is available. Dev/Xcel Updates and Compulsory practice judging

PA/DE NAWGJ General Meeting - October 12 | Zoom
Time TBA but will be held prior to clinic

PA/DE NAWGJ Clinic - October 12 | Zoom
7:30-9:00 PM. CPE clinic credit is available. Dev/Xcel bars with discussion on extra swings

PA/DE NAWGJ Clinic - November 2 | Zoom
7:30-9:00 PM. CPE clinic credit is available. Level 6/7 Vault with guest coach John Ceralde as well as practice judging

*****Please note Zoom links will be provided closer to each date**

2025 Judges Cup

Judges Cup will be held the weekend of December 12-14 at AJS Pancott.

Please save the date and plan sign up via Google Form emailed out by Laurie Lengel



welcome

to the new officials joining us this season!

REMINDERS/UPDATES

Please NO solicitation!
Our personal information is to be used for professional reasons only.

- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD, as well as updating your GymJas account. .
- Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.



NATIONAL/ BREVET COURSE INFORMATION

NOW is the time to return your forms to Jane Caruso, Region 7 RTC. Deadline for forms is November 1, 2025. Please send ALL forms in at one time! Any questions, please contact Jane Caruso.

GymJAS

Please log into your GymJAS account and make sure all personal information is accurate, including expiration dates and affiliation. We cannot change any of your personal information for you, you are the only one that can access this. It is important that your expiration dates are current, as these dates are listed on the contracts you generate when you accept a meet and meet directors will contact you or the assigners if they think you are out of date. Please log into your USAG and NAWGJ accounts to confirm the dates you have listed in GymJAS are the correct dates. These dates are not automatically pulled in from USAG or NAWGJ when you update, so you have to manually change the date(s) yourself.

Please make sure you have an emergency contact listed. In the event that something happens to you at a meet it is helpful to be able to reach out to the person of your choice.

Please remember to fill out an activity report anytime you go into a gym in a judging capacity, and do not have a NAWGJ contract.

2026 State Meet Schedule -

March 20-22 | Level 7/8 States, River Run

March 27-29 | Level 9/10 States, PA USAG

March 27-29 | Delaware States, Host TBD

April 10-12 | Level 5/6 States, Paramount

April 17-19 | Level 3/4 States,
East - Girls Co-Op, West - Erie Gymnastics

April 24-26 | Xcel Gold, Skyline

May 1-3 | Xcel Platinum/Diamond/Sapphire, Centre Elite

May 8-10 | Xcel Silver, Dynamats



IMPORTANT EMAIL ADDRESSES

Jane Caruso, Region 7 Technical Director

janecaruso2@gmail.com

Leslie McPeck, RJD | rjd7nawgj.lmcpeek@gmail.com

Carla Ceralde, PA USAG State Chair

pausag155@gmail.com

Laurie Lengel, PA/DE Co-SJD | llengel3987@gmail.com

Linda Kothe, PA/DE Co-SJD | lkothe65@gmail.com

Teresa Barnard, NAWGJ President | Teresa.barnard@cox.net

Jen Skorski, Region 7 Xcel Chair | jcp giant@gmail.com

CPE cards are to be sent to

Laura Winters by June 1.

Please send them to her at the following address -

719 East End Avenue, Pittsburgh, PA 15221
or email them to her at masters.80@gmail.com

BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

www.panawgj.org

www.region7usagym.com

www.pagymnastics.com

www.usagym.org

www.nawgj.org

TESTING YEAR GIFT CERTIFICATE SYSTEM (REPRINT)

A gift certificate system is still in place in order to earn an educational gift certificate for a testing year. You will need to earn 4 credits over the cycle with no more than 2 credits being earned in a year (August 1 - July 31). No credits can be carried over to the next testing cycle. Educational gift certificates will be awarded on a pro-rated system (i.e. if you earn 3 credits over the 4 years you will earn 75% of the gift certificate). One credit can be earned via the following ways -

- Volunteer a minimum of 2 sessions at the Judges Cup
- Volunteer 1 day at the Western Critique Clinic
- Sell a minimum of \$250 worth of raffle tickets (tickets are for 1 free week for summer camp at Woodward, International and Parkettes)
- Sell a minimum of \$250 worth of ads for the Judges Cup Program

The gift certificate system was put into effect in the fall of 2009. If you are interested in selling raffle tickets, please contact Connie Schultz [cmsjudge@ptd.net]. If you are interested in selling ads for the Judges Cup Program, please contact Marcy Blitz [blitzmarcy@gmail.com].

UPCOMING TESTING

If you are interested in taking an optional practical exam, we have testing dates on the schedule in Western PA. Visit the USA Gymnastics website for more information and to register. If you would like to take a test and the date/location does not work for you please reach out to Laurie Lengel and we will see if we can accomodate.



If you are a Level 10 or higher rated official, and you are interested in judging college, please visit the NAWGJ website (www.nawgj.org) for more information. You must enter your information into the JAS system (www.roadtonationals.com/jas) by September 25. If you have never judged college before and would like to, please fill out and return the new college judges form that is on the NAWGJ website.

It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.

Do you want something included in the next newsletter?

Let me know! Email me at llengel3987@gmail.com

Kwiz Korner | Answers

1. B, this is equipment failure if the coach tightened the bars prior to the routine starting
2. B, at the point of interruption, but because she would be missing a potential bonus, she could start with the Maloney
3. A, this is equipment failure only on a dismount

Judges' Expense Voucher 2025-2026

Date: _____ Meet: _____

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS Itemize	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

DAY 1
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 2
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 3
Report Time:
Meet End Time:
Total Time on site = hours paid:

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. All Expense Vouchers should be sent to:
Laurie Lengel ~ 3987 Trails Way East, Doylestown, PA 18902