

Pennsylvania Gudges Cup

Pennsylvania Judges Cup was held at AIS Pancott this year the weekend of December 16-18. What a success! A big THANK YOU to the following judges for volunteering their time or making a donation -



Susan Adamczyk Marcy Blitz Leslie Bover Kristin Bradford **Janet Bufalino** Amy Busse TĆ Carr lane Caruso Carla Ceralde Barbara Cutillo Marianne Edwards Alison Fischer Ashlie Grimes **Jessica Guffey**

Julia Harris Stella Hewlett Jeannette Jefferson Denise Johnson Linda Kothe Betsy Lee Tamara Lomanovitch Cindy Loring Anne Malone Michelle Marshall Abby Menna Amy Miller Jan Morrow Margie Myers Jean Noećker

Kris Olson Mary Ann Olson Lynn Ross Connie Schultz Debi Schwab Kate Shiller Alison Shuey Tracy Siverson Maggie Tamburro Tia Tedder Kathy Vicario Patti Walters Shannon Watson Debbie Yohman



And thank you, thank you, thank you to Laurie Lengel for planning and organizing the entire weekend!

Do you want something included in the next newsletter? Let me know! Email me at blitzmarcy@gmail.com

Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. Which of the following applies when a coach inadvertently touches an athlete during a release move on bars (The coach does not assist the gymnast with element completion)

A. Each judge takes 0.5 for a spot. No VP, SR, D/E bonus and connection bonus is awarded

B. The chief judge takes 0.5 for a spot. VP, SR, D/E bonus and connection bonus is awarded

C. Each judge takes 0.5 for a spot. VP & SR are awarded. No D/E or connection bonus is award.

D. There is no penalty when the coach inadvertently touches the athlete in this circumstance.

2. Which of the following additional matting scenarios is unacceptable for floor exercise? A.Two 8" skill cushions are placed on the floor throughout the routine for different tumbling passes

B. A sting mat and an 8" skill cushion are placed in opposite corners of the floor simultaneously

C. A sting mat is placed on top of an $8^{\prime\prime}$ skill cushion D. All of the examples are accptable.

3. Which of the following is not a Chief Judge responsibility? A. Instruct assistants/volunteers to ensure they can perform their assignmnt (timing routines, timing falls, etc.)

B. Notify judges on other events whn a warning has been issued for incorrect attire

C. Ensure that the range of scores is allowable D. Check your event's apparatus to ensure it meets requirements and inform the meet director of any issues that need to be addressed

CRITIQUE CLINIC



A Critique Clinic was held at Falcon Gymnastics. A special thank you to Gymnastics Charity Ruhl for organizing the clinic, as well as for hosting, which raised money for the NAWGI education fund. Also,

thank you to the following judges for volunteering -

Crystal Hinnebusch Débbie Hinnebusch Barb Iani Toni Kardos Donna Kreckel

Jeannie Lippert Abby Moffit Kathy Ritchie Audrey Rozinsky Charity Ruhl

lovce Shaffer Patty Spisak Mike Tautin Stacy Upham Laura Winters

UPCOMING CLINCS/EVENTS

Region 7 Congress - June 23-25 | **Harrisburg, PA** See your email for information about group registration with PA/DE NAWGJ.

National NAWGJ Symposium - July 13-15 | Grand Rapids, MI

Registration is open at www.nawgj-symposium.com. This event is eligible for CPE credit. Email your receipt to Marcy Blitz and PA/DE NAWGJ will reimburse current PA/DE NAWGJ members \$105 (half of the early bird registration fee).

National Congress - August 25-27 | San Jose, CA

Please see the USA Gymnastics website for more information and to register for National Congress once it becomes available.

GymJAS Reminders

• Please log into the system and accept all outstanding contracts. If you need to decline a meet please let the assigner know as soon as possible so they can work on a replacement. *It is important that you create a contract in addition to accepting the meet. By accepting the contract you can also accept in one step!*

• Please log into the system and make sure your availability is as up to date as possible. This will help the assigners out very much!

• Contact your assigner if you are affiliated as soon as possible.

Activity Reports

Please enter a Professional Activity Report anytime you go into a gym in your role as a NAWGJ judge and you do not have a NAWGJ contract.

There is a button on GymJas called "Activity Reports".

This form allows you to report professional activity (mock meets, in-gym experience, Training Camp, volunteering, etc.) related to your role as a NAWGJ gymnastics judge in case a report is needed for General or Professional Liability Insurance documentation.

Please also fill out one of these forms for every NCAA assignment as the contracts come directly from the schools or NCAA and not NAWGJ.

You DO NOT need to fill out this form for any activity where you receive and accept an official contract from NAWGJ -- it is just for those activities that do not come with a contract.

As an active NAWGJ judge, you are covered by insurance during all of these activities in the event an accident should occur, and this form simply assists with documentation.

REMINDERS/UPDATES

Please NO solicitation! Our personal information is to be used for professional reasons only.

• If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.

• If your CPE credits are not up to date, you may not be assigned to sanctioned meets. In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.

• If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD as well as update your GymJas account.

• Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.

• If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.





Effective January 1, 2023, the rate for mileage reimbursement for judges is \$.655/mile to reflect the recent adjustment in the IRS standard mileage rate.

BUDGET 2023

Beginning November 1, 2022 for current fiscal year.

Income -Judges Cup - \$45,650 Clinics - \$10,000 Assigning Fees - \$5,500 Raffles - \$2,000 Interest Earned - \$15 Total - \$57,665 Expenses -Expenses -Judges Cup - \$33,840 National Judges Cup - \$3,500 National SJD Meeting - \$2,500 SJD Attendence at Regional Congress - \$1,000 State board meeting - \$500 Operating supplies - \$1,500 Telephone/Internet/Website fees - \$1,250 Gifts (memorials, bospitals, etc.) \$500 Gifts (memorials, hospitals, etc.) - \$500 Donation to Helping Hands - \$250 Bank Charges - \$24 Assigning Website - \$700 Education - State Clinics - \$2,000 Western Critique Clinic - \$2,000 Assistance for National Symposium - \$10,000 Outstanding gift certificates - Educational GCs - \$17,150 Testing GCs - \$17,800 Camp gift certificates - \$2,000 Total - \$96,514

LEVEL 7 NATIONAL **JUDGES CUP TEAM**

Pennsylvania sent 2 Level 7 teams to the National Judges Cup. The PA State Team represented PA in the state team competition and finished 4th. The All-Star team competed in a level 7 session and placed 2nd. Individual winners included Izzy Emswiler (Xquisite) on beam, Malin Farnham (Xquisite) on bars, Bella Baiocchi (Aerials) on vault, Elise Ramous (Gymsport) on vault. The meet was held January 6-8 in Denton, TX. Barb Cutillo, Laurie Lengel and Martha Dunn volunteered their time. The team members were -Bella Baiocchi | Aerials • Eve Bentz | Xquisite Lainey Buterbaugh | Xquisite • Kaydee Chobanian | Elegance Elite Charlotte DeGrands | Xquisite • Harper Dennison | Xquisite Izzy Emswiler | Xquisite • Malin Farnham | Xquisite



Teddi Irvin | Xquisite • Evelyn Munch| Xquisite Elise Ramous | Gymsport • Sarah Yang | Centre Elite

IMPORTANT EMAIL ADDRESSES

Jane Caruso, Region 7 Technical Director janecaruso2@gmail.com Bonnie Synol, RJD | bsynol61@gmail.com Donna Guenther, PA USAG Chairperson pausag155@gmail.com Marcy Blitz, SJD | blitzmarcy@gmail.com Cookie Batsche, NAWGJ President | cbatsche@tampabay.rr.com Jen Skorski, Region 7 Xcel Chair | jcpgiant@gmail.com

LPE cards are to be sent to

Connie Schultz by June I.

Please send them to her at the following address -

2555 Prince Drive, Koplay, PA 1803/

r email them to her at cmsjudge@ptd.net

BE SURE TO CHECK OUT THE FOLLOWING WEBSITES www.panawgj.org www.region'7usagym.com www.pagymnastics.com www.usa-gymnastics.org

It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.

> Kwiz Korner | Answers 1. C 2. D 3. B

Judges' Expense Voucher 2022-2023

Date:	_			Meet:	 			
NAME/ADDRESS	MILEAC		MEALS	MISCELLANEOUS	FEE			TOTAL
	Miles \$4	Amount		Itemize	 DAY 1	DAY 2	DAY 3	
Rating Rate/Hr								
Rating Rate/Hr								
Rating Rate/Hr								
Rating Rate/Hr								
Rating Rate/Hr								
Rating Rate/Hr								
Rating Rate/Hr								
Rating Rate/Hr								

DAY 1	
Report Time:	
Meet End Time:	
Total Time on site = hours paid:	

DAY 2				
Report Time:				
Meet End Time:				
Total Time on site = hours paid:				

DAY 3	
Report Time:	
Meet End Time:	
Total Time on site = hours paid:	

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Leslie Boyer and Western judges mail to Patty Spisak. Leslie Boyer ~ 107 Crossings Lane, Lewisburg, PA 17837 | Patty Spisak ~ 232 Noble Circle, Valencia, PA 16059