

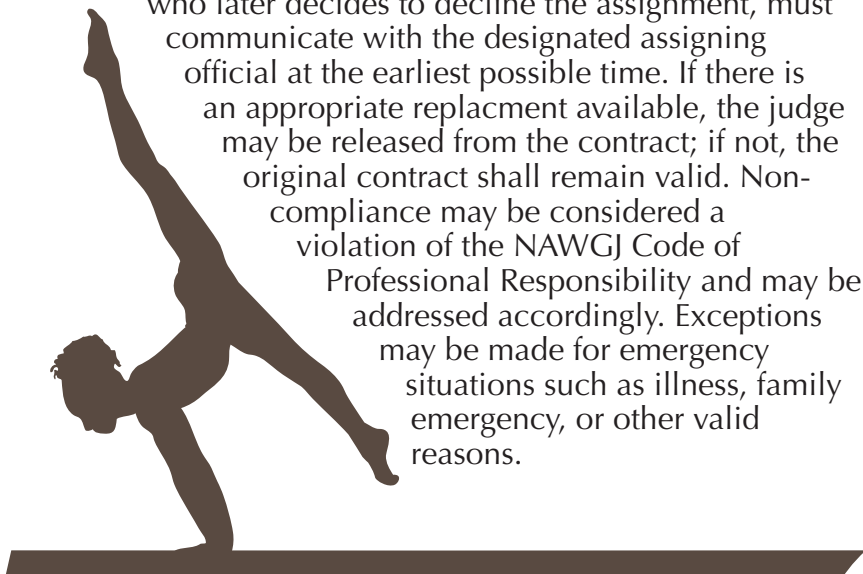
# PA NAWGJ NEWS

September 2022

## *Reminders as we start the 2022-2023 season...*

The NAWGJ Canons and Rules can be found on the NAWGJ website, but here are a couple of highlights -

- A judge should assist in maintaining the integrity and competence of the profession of judging women's gymnastic events.
- A judge should avoid even the appearance of professional impropriety
- A judge should be well qualified in gymnastics, know the rules, and be thoroughly prepared for each assignment.
- A judge should be completely unbiased. A judge should not give any appearance, especially at a meet, of any particular friendship with any coach or competitor.
- A judge should treat gymnasts, coaches, judges, promoters, and spectators with respect.
- A judge should at all times both look and act professionally.
- A judge who has accepted a contract issued by NAWGJ and who later decides to decline the assignment, must communicate with the designated assigning official at the earliest possible time. If there is an appropriate replacement available, the judge may be released from the contract; if not, the original contract shall remain valid. Non-compliance may be considered a violation of the NAWGJ Code of Professional Responsibility and may be addressed accordingly. Exceptions may be made for emergency situations such as illness, family emergency, or other valid reasons.



## **Adjusted Judges Compensation Package for 2022-2023**

### **Hourly Fee (from page 44 of R&P)**

The daily number of paid hours is calculated from the report time to the end of the meet

### **Lodging (from page 43 of R&P)**

1. If a judge must stay overnight prior to, during or following the competition, lodging must be provided by the Meet Director.
2. The form of accommodation (double occupancy vs. single occupancy) must be specified in the judge's contract
  - Accommodations based on double occupancy in a room must provide two beds, which CANNOT include a sleeper sofa.
    - A judge may request single room accommodations if not provided by the Meet Director.
      - If necessary to share the cost of the room with the Meet Director, the judge will pay no more than the difference between the actual cost of the room and the standard national IRS rate for overnight accommodation.
3. Meet Directors are strongly recommended to provide single room accommodations when a hotel stay is required, at no additional cost to the judge.
4. Whenever there is an early-morning report time and/or a late finish time, it is recommended that the Meet Director provide the option for the judges to stay at a hotel. Distance and/or weather conditions should be considered

### **\*\*New this Year\*\***

In GymJas, if you select "Display Meet Details", and then select the meet you want to see, there is a new field for "Room accommodations for Judges". You can check here to see if the meet director indicated the rooming information for their specific meet. It will appear as shown below.

Room accommodations for Judges:	Single if requested, double otherwise
Room accommodations for Judges:	Single Rooms
Room accommodations for Judges:	Double Rooms

Save the dates...

## UPCOMING CLINICS/EVENTS

**PA/DE NAWGJ Compulsory Clinic - October 2 | Zoom**  
7:00-8:30 PM. Email Marcy Blitz to register. CPE clinic credit is available.

**PA/DE NAWGJ General Meeting - October 9 | Zoom**  
6:15-7:00. A Zoom link will be emailed closer to the meeting.

**PA/DE NAWGJ Xcel Clinic - October 9 | Zoom**  
7:00-8:30 PM. Email Marcy Blitz to register. CPE clinic credit is available.

**PA/DE NAWGJ Optional Clinic - October 23 | Zoom**  
7:00-8:30 PM. Email Marcy Blitz to register. CPE clinic credit is available.

**Western Critique Clinic - October 1 | Falcon Gymnastics (Belle Vernon, PA)**  
Contact Charity Ruhl if you are planning to volunteer.

## 2022 Judges Cup

Judges Cup will be held the weekend of December 16-18 at AJS Pancott.

Please save the date and plan on volunteering at some point during the weekend.

## 50 Gold & Glorious: Grand Years

NAWGJ 2023

The NAWGJ National Symposium will be held July 13-15, 2023 in Grand Rapids, MI. Registration is **OPEN** at <https://www.nawgj-symposium.com/>.

Early-bird registration is available through March 1.

This is always a **WONDERFUL** educational opportunity!

## REMINDERS/UPDATES

Please **NO** solicitation!  
Our personal information is to be used for professional reasons only.

- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour.
- If any of your information changes (i.e. rating, address, etc.) please notify Marcy Blitz, PA/DE SJD, and update your information on the GymJas, USAG and NAWGJ websites.
- Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

## PA State Administrator Committee Chair Election

There is currently an election open for the PA State Administrator Committee Chair Position for 2022-2026 with 3 candidates running for this position: Carla Ceralde, Heather Kikel, and Renee Scholze-Ruggeri. If you are eligible to vote you should have received an email directly from USA Gymnastics with the election information. To vote by September 23, follow the instructions in the email.

# Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. Which of the following general deductions is **CORRECT**?
  - A. The deduction for a short routine in Xcel is 2.0.
  - B. The courtesy score in the Xcel program is 4.0.
  - C. Composition deductions are only taken in levels 6 - 10.
  - D. The deduction for a short routine for level 6 floor is 0.5.
2. Which of the following vault deductions is **INCORRECT**?
  - A. An Xcel gymnast that receives a spot in both the preflight and postflight phases receives a deduction of 1.5.
  - B. The angle of repulsion deduction is 1.0 in the Xcel program for Gold - Diamond.
  - C. There is no deduction for standing between the board and the table on a Yurchenko vault for both the DP and Xcel programs.
  - D. Use of alternate springboards is only permitted in the Xcel program at specified levels.
3. Which of the following statements is(are) **CORRECT**: (Select all that apply)
  - A. Swings forward or backward below horizontal in the Xcel program receive no deduction.
  - B. Extra swings are permitted at all Xcel levels.
  - C. Casts that meet division requirements in the Xcel program do not incur amplitude deductions.
  - D. Clear hip circles that do not achieve an amplitude of 45 degrees above horizontal receive amplitude deductions in both the Xcel (all levels) and Developmental programs.

## GymJAS

Please log into your GymJAS account and make sure all personal information is accurate, including expiration dates and affiliation. We cannot change any of your personal information for you, you are the only one that can access this. It is important that your expiration dates are current, as these dates are listed on the contracts you generate when you accept a meet and meet directors will contact you or the assigners if they think you are out of date. Please log into your USAG and NAWGJ accounts to confirm the dates you have listed in GymJAS are the correct dates. These dates are not automatically pulled in from USAG or NAWGJ when you update, so you have to manually change the date(s) yourself.

Please make sure you have an emergency contact listed. In the event that something happens to you at a meet it is helpful to be able to reach out to the person of your choice.

Please remember to fill out an activity report anytime you go into a gym in a judging capacity, and do not have a NAWGJ contract.

## IMPORTANT EMAIL ADDRESSES

Jane Caruso, Region 7 Technical Director  
janecaruso2@gmail.com  
Bonnie Synol, RJD | bsynol61@gmail.com  
Donna Guenther, PA USAG Chairperson  
pausag155@gmail.com  
Marcy Blitz, SJD | blitzmarcy@gmail.com  
Cookie Batsche, NAWGJ President | cbatsche@tampabay.rr.com

CPE cards are to be sent to  
Connie Schultz by June 1.  
Please send them to her at the following address:  
2555 Prince Drive, Coplay, PA 18037  
or email them to her at cmsjudge@ptd.net

## BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

[www.panawgj.org](http://www.panawgj.org)  
[www.region7usagym.com](http://www.region7usagym.com)  
[www.pagymnastics.com](http://www.pagymnastics.com)  
[www.usa-gymnastics.org](http://www.usa-gymnastics.org)

**It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.**

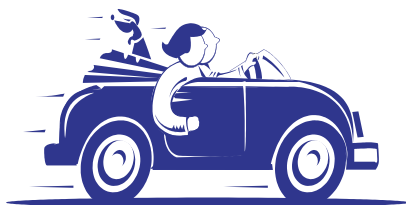
Do you want something included in the next newsletter?  
Let me know! Email me at blitzmarcy@gmail.com

## TESTING YEAR GIFT CERTIFICATE SYSTEM (REPRINT)

A gift certificate system is still in place in order to earn an educational gift certificate for a testing year. You will need to earn 4 credits over the cycle with no more than 2 credits being earned in a year (August 1 - July 31). No credits can be carried over to the next testing cycle. Educational gift certificates will be awarded on a pro-rated system (i.e. if you earn 3 credits over the 4 years you will earn 75% of the gift certificate). One credit can be earned via the following ways -

- Volunteer a minimum of 2 sessions at the Judges Cup
- Volunteer 1 day at the Western Critique Clinic
- Sell a minimum of \$250 worth of raffle tickets (tickets are for 1 free week for summer camp at Woodward, International and Parkettes)
- Sell a minimum of \$250 worth of ads for the Judges Cup Program

The gift certificate system was put into effect in the fall of 2009. If you are interested in selling raffle tickets, please contact Connie Schultz [cmsjudge@ptd.net]. If you are interested in selling ads for the Judges Cup Program, please contact Marcy Blitz [blitzmarcy@gmail.com].



## MILEAGE UPDATE

Effective July 1, 2022, the rate for mileage reimbursement for judges is \$.625/mile to reflect the adjustment in the IRS standard mileage rate.



If you are a Level 10 or higher rated official, and you are interested in judging college, please visit the NAWGJ website ([www.nawgj.org](http://www.nawgj.org)) for more information. You must enter your information into the JAS system by September 25. If you have never judged college before and would like to, please fill out and return the new college judges form that is on the NAWGJ website.  
[www.roadtonationals.com/jas](http://www.roadtonationals.com/jas)

## 2023 state meet schedule •



March 23-26 | Level 8/9/10 States, Cumberland  
March 25-26 | Delaware States, Mid-Coast  
April 1-2 | Level 7 States, KMC  
April 14-16 | Level 3, Aerials  
April 21-23 | Level 5/6, Berks East  
May 6-7 | Level 4, Girls Co-Op  
May 12-14, Xcel Silver/Platinum, Dynamats  
May 19-21, Xcel Gold/Diamond/Sapphire, Centre Elite

## Covid Concerns

Please do NOT come to a meet sick this season! Please contact your assigner as soon as possible if you are sick.

If you have any questions that will help determine if you will accept an assignment, please contact the Meet Director for more information.

*Kwiz Korner* | Answers  
1. B | 2. B | 3. A, C

## Judges' Expense Voucher 2022-2023

Date: \_\_\_\_\_

Meet: \_\_\_\_\_

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS Itemize	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
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Rating_____ Rate/Hr_____									

DAY 1
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 2
Report Time:
Meet End Time:
Total Time on site = hours paid:

DAY 3
Report Time:
Meet End Time:
Total Time on site = hours paid:

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Leslie Boyer and Western judges mail to Patty Spisak.  
 Leslie Boyer ~ 107 Crossings Lane, Lewisburg, PA 17837 | Patty Spisak ~ 232 Noble Circle, Valencia, PA 16059