

# PA NAWGJ NEWS

May 2021

## CURRENT RATINGS

Listed below is the current list of judges in PA and DE. The Brevets are in 2 categories and the Nationals are listed in the year they received their National rating. The Level 10 through 4/5 officials are listed in the chronological order they received their current rating. If you believe your rating is incorrect, please notify Marcy Blitz.

International Brevet - Cheryl Hamilton, Silvia Topalova

Brevets - Nancy Claar, Toni Kardos, Margie Myers, Jane Caruso, Carole Micsion

National/Elite 1993 - Marilyn Schnaars, Barb Cutillo, Terry McGirk, Mary Ann Olson, Barb Jani, Susan D'Amato

National/Elite 1997 - Teresa Bailey, Debbie Yohman, Mark Welch, Jan Morrow

National 2001 - Claire Pore, Audrey Rozinsky, Anne Malone

National 2005 - Lynn Ross, Kristina Olson, Cathy Cormier, Martha Dunn

National 2009 - Susan Adamczyk, Kim Silloway, Patti Spisak, Connie Schultz, Amy Miller, Tia Tedder, Kathy Ritchie, Jeannie Lippert, Tamara Lomanovitch, Patti Walters, Judi Ternyik

National 2013 - Amy Busse, Carla Ceralde, Leslie Boyer, Maria Squire

Nationals 2018 - Marcy Blitz, Jean Noecker, Abby Menna, Joyce Shaffer, Stella Hewlett, Kathy Vicario, Shannon Watson, Kate Shiller, Laura Winters

Level 10s - TC Carr, Cynthia Hills, Tammy Nulph, Val Miller, Stephanie Myers, Leanne Chishko, Crissy MacDonald, Katie Firmstone, Amanda Ross, Michelle Marshall, Derek Marmo, Ivan Guertchev, Linda Kothe, Robin Coons, Alison Fischer, Cindy Loring, Denise Johnson, Debbie Hinnebusch, Kristin Bradford, Sherri Horne, Beth Stracka, Stacy Upton, Charity Ruhl, Laurie Lengel, Crystal Hinnebusch, Megan Goodrich, Kelsie Schafer, Donna Kreckel, Betsy Lee, Evelyne Hopkins

Level 9s - Tara Branstand, Amanda Hilliker, James Rossi, Kayla Taylor, Jessica Guffey, Heather Brubaker, Eileen Kaye, Maggie Tamburro

Level 8s - Olimpia Petcu, Kristen Elk, Stephanie Schmidt, Tracy Siverson, Julia Harris, Makayla Matthews, Ashley Grimes (7/8 only)

Level 4/5s - Debbie Schwab, Isabella Porcari, Kelly Morrison, Tami Hutchko, Hana Ricna-Jessen, Kelly McLaughlin, Meredith Hass, Meghan Jones, Jocelyn Olmezer

## Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. Which statement is correct for the Level 7 gymnast who casts on the high bar to an underswing 1/2 turn over the low bar (overshoot)?
  - A. If the cast goes to HS, the subsequent overshoot is a C element, and only 1 restricted C is allowed. Any subsequent restricted elements are penalized.
  - B. Because all casts must achieve HS, the overshoot subsequent to a cast HS is an exception to the restricted C rule, and is an allowable element.
  - C. If the cast prior to the overshoot does not go to HS, that is an exception to the cast amplitude rules, and the up to .3 deduction for amplitude of the cast is not taken
  - D. Level 7 gymnasts aren't permitted to perform releases between the bars and the overshoot skill is restricted and penalized regardless if it is a B or C.
2. Which of the following is correct for Level 7 acro series Special Requirement on beam?
  - A. A HS may be used, but only as the first element in the series
  - B. If the gymnast kicks up to the HS and steps down to a back handspring, the HS does not need to be held for 2 seconds
  - C. A forward roll step out to immediate cartwheel is not an acceptable acro series connection on beam
  - D. A HS with a turn may be used in a series and does not require a 2 sec. hold
3. Which of the following is true for the Level 7 Special Requirement of a leap or jump with 180° cross or side split?
  - A. All mounts that leap off the springboard with one leg and land on the beam with the other, are eligible to fulfill the Special Requirement
  - B. Any leap that is supposed to have 180° split but only gets to 120°, will still get A value part but not Special Requirement
  - C. A leap that achieves less than 135° can get Special Requirement credit with an up to .2 deduction
  - D. Sissones that achieve 135° to 180° split are not eligible for Special Requirement because they come off 2 feet and land on 1 foot.

A very special **THANK YOU** to everyone for going above and beyond to make the 2020-2021 gymnastics season a success. Please give an extra thanks to your assigners, Patty Spisak and Leslie Boyer, for their additional hours spent making sure meets were covered and re-assigning meets many times as changes were made. Please thank Jane Caruso for the countless time spent to help make virtual sanctions a reality, and for her time spent training judges and coaches to feel comfortable in their virtual positions. Thanks to each and every one of you that accepted a last minute assignment, agreed to be an alternate, adapted to changes as they happened, drove further to a meet than you normally would have, and learned the technology necessary to judge a virtual meet. This was a season like no other and it took all of us to make it happen!

Save the dates...

## UPCOMING CLINCS/EVENTS

### Master Compulsory Workshops -

June 4-6 | Kissimmee, FL

June 11-13 | Reno, NV AND Virtual

Please visit the USA Gymnastics website for more information and to register if you did not already.

### Compulsory Overview Clinic - June 19 | Pittsburgh Northstars

Please email [gymnastics@jewarts.com](mailto:gymnastics@jewarts.com) for more information. \*\*\*This clinic will not be eligible for CPE credit.

### National Congress - June 25-27 | St. Louis, MO

Check the USAG website for more information as it becomes available.

### PA Gymnastics Compulsory Clinic - August 9-10 | Centre Elite

Clinic CPE credit will be available. See PA Gymnastics website for more information and to register.

**PA/DE NAWGJ State Clinic - September 26 | Virtual FREE to PA/DE NAWGJ members!** Clinic CPE credit will be available. More information will be released shortly.

### Western Critique Clinic - October 2 | Falcon

Clinic CPE credit will be available. More information will be released as it becomes available.

## New Judges Clinic

If you know of anyone interested in judging, please encourage them to attend our New Judges Clinic! We can ALWAYS use more judges!



Join us as we introduce you to judging,

and cover topics such as

- what do you study
- how do you practice judge
- what are the requirements
- what does basic shorthand look like
- how do you test



We will also show you how to evaluate routines and the major points to look for while judging.



Wednesday,  
June 16, 2021



Zoom - link will be provided closer to the clinic date



6:00-9:00 PM

## REMINDERS/UPDATES

Please NO solicitation!  
Our personal information is to be used for professional reasons only.

- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Marcy Blitz know if any of your information in the judges directory is incorrect so it can be corrected.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD, as well as updating your GymJas account. .
- Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

Do you want something included in the next newsletter?  
Let me know! Email me at [m.blitz@comcast.net](mailto:m.blitz@comcast.net)

Kwiz Korner | Answers  
1.C | 2.D | 3.B

# MEMBERSHIP RENEWALS

A reminder that all USAG memberships expire on July 31, 2021. Some background checks, safety certifications, or SafeSport certifications may expire on the same date, so please check your profile by logging into the USAG website.

NAWGJ memberships also expire on July 31. Please log into the NAWGJ membership site to see if it is time for you to renew.

## 2021 COMPULSORY TESTING

Testing for the new 2021-2029 compulsory routines will be offered as an online test starting on August 1. As more information becomes available it will be passed along.

## PA NAWGJ STATE GOVERNING BOARD ELECTIONS

Your PA NAWGJ State Governing Board is up for re-election this summer. Information on the elections will be out at the beginning of June.

## NATIONAL/BREVET COURSE FORMS

If you are eligible for the National/Brevet Course in 2022 your form is due to the Regional Technical Committee Chairman between June 1 and November 1. If you need to fulfill any of your requirements you must do this before then. Remember, the requirements were minimized as a result of the pandemic.

### 2022 NATIONAL/USA BREVET JUDGES' COURSES

Requirements for Course Eligibility **reduced by half:**

- A. USAG/NAWGJ Regional/National Educational Events – Only **1** required between 01/01/2018 - 12/31/2021
- B. Volunteering at a minimum of Two (2) separate functions for a total of 12 hours (minimum of 2 hours per event) = **NOW total of 6 hours required with a minimum of 1 function.**



## IMPORTANT EMAIL ADDRESSES

Myra Elfenbein, Region 7 Technical Director  
region7rtc@comcast.net

Bonnie Synol, RJD | bsynol61@yahoo.com

Donna Guenther, USAG Chairperson  
somerton155@comcast.net

Marcy Blitz, SJD | blitzmarcy@gmail.com

Cookie Batsche, NAWGJ President | cbatsche@tampabay.rr.com

**CPE cards are to be sent to  
Connie Schultz by June 1.**

**Please send them to her at the  
following address -**

**2555 Prince Drive, Coplay, PA 18037  
or email them to her at cmsjudge@ptd.net**

**BE SURE TO CHECK OUT THE  
FOLLOWING WEBSITES -**

[www.panawgj.org](http://www.panawgj.org)

[www.region7usagym.com](http://www.region7usagym.com)

[www.pagymnastics.com](http://www.pagymnastics.com)

[www.usa-gymnastics.org](http://www.usa-gymnastics.org)

**It is your responsibility to let the  
assigner know if you are going to be  
affiliated at a meet. Please let the  
assigner know as soon as possible.**

# Judges' Expense Voucher

Date: \_\_\_\_\_

Meet: \_\_\_\_\_

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTO-	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

<b>DAY 1</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

<b>DAY 2</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

<b>DAY 3</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Leslie Boyer and Western judges mail to Patty Spisak.  
 Leslie Boyer ~ 107 Crossings Lane, Lewisburg, PA 17837 | Patty Spisak ~ 9911 LeGrand Drive, Wexford, PA 15090