

# PA NAWGJ NEWS

January 2020

## Pennsylvania Judges Cup

Pennsylvania Judges Cup was held at KMC this year the weekend of December 14-15. What a success! A big THANK YOU to the following judges for volunteering their time or making a donation -



Susan Adamczyk  
Marcy Blitz  
Leslie Boyer  
Kristin Bradford  
Heather Brubaker  
Amy Busse  
TC Carr  
Jane Caruso  
Carla Ceralde  
Barbara Cutillo  
Susan D'Amato  
Alison Fischer

Jessica Guffey  
Stella Hewlett  
Evelyne Hopkins  
Denise Johnson  
Eileen Kaye  
Linda Kothe  
Betsy Lee  
Tamara Lomanovitch  
Anne Malone  
Michelle Marshall  
Abby Menna  
Carole Micsion  
Jan Morrow

Margie Myers  
Stephanie Myers  
Kris Olson  
Mary Ann Olson  
Olimpia Petcu  
Lynn Ross  
Stephanie Schmidt  
Marilyn Schnaars  
Connie Schultz  
Tracy Siverson  
Tia Tedder  
Patti Walters  
Shannon Watson



And  
thank you,  
**thank you, thank you**  
to Laurie Lengel for planning and  
organizing the entire weekend!

Do you want something included in the next newsletter?  
Let me know! Email me at [m.blitz@comcast.net](mailto:m.blitz@comcast.net)

## Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. How much total bonus does a Level 10 bream which contains the following elements receive?  
Stretch jump with leg change (beat jump) connect to a straddle jump 3/4 turn, and straddle jump 3/4 turn connected to a stretch jump with leg change (beat jump)  
A. .5 B. .4 C. .3 D. .2
2. How much total bonus does the following acro series in a Level 10 beam routine receive?  
Back handspring step out to a layout step out to a layout step out  
A. .5 B. .4 C. .3 D. .2
3. How much total bonus does a Level 9 receive for the following series?  
Front aerial connected to a side aerial  
A. .3 B. .2 C. .1 D. 0

## CRITIQUE CLINIC



A Critique Clinic was held at Falcon Gymnastics. A special thank you to Charity Ruhl for organizing the clinic, as well as for hosting, which raised money for the NAWGJ education fund. Also,

thank you to the following judges for volunteering -

Marcy Blitz  
Megan Goodrich  
Amanda Hilliker  
Cindy Hills  
Crystal Hinnebusch  
Debbie Hinnebusch  
Sherri Horne  
Barb Jani

Toni Kardos  
Donna Kreckel  
Jeannie Lippert  
Valerie Miller  
Claire Pore  
Kathy Ritchie  
James Rossi  
Audrey Rozinsky

Charity Ruhl  
Joyce Schaffer  
Patty Spisak  
Stacy Upham  
Laura Winters  
Debbie Yohman

Save the dates...

## UPCOMING CLINCS/EVENTS

**Region 7 NAWGJ Symposium - June 7 | Edison, NJ**  
More information will be available soon and will be sent via email.

**Region 7 Congress - July 10-12 | Harrisburg, PA**  
PA NAWGJ group registration is open for Region 7 Congress. Please see your email for information on taking advantage of the group rate.

**Pre-Season Prep - July 17-19 | Newport News, VA**  
This camp will be eligible for volunteer CPE credit. You will need to register in advance if you are planning to attend. Please see the Region 7 website for more information.

**National Congress - June 26-28 | St. Louis, MO**  
Please see the USA Gymnastics website for more information and to register for National Congress.

**High Performance - September 11-13 | Woodward, PA**  
This camp will be eligible for volunteer CPE credit and possibly a couple clinic CPE credits. You will need to register in advance if you are planning to attend. More information will be sent closer to the time.

## PA/DE NAWGJ YEARS OF SERVICE BANQUET

We will once again be hosting our PA/DE Years of Service Banquet on Friday, July 10 in Harrisburg, PA. It will be held at the host hotel for Region 7 Congress (Hilton Harrisburg). More information will be out very shortly, and we hope you will plan to attend and help us celebrate our longstanding members!

SAVE  
— THE —  
DATE

## REMINDERS/UPDATES

Please NO solicitation!  
Our personal information is to be used for professional reasons only.

- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee and event assigner know immediately so that she may make the proper changes.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Marcy Blitz know if any of your information in the judges directory is incorrect so it can be corrected.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD.
- Please do not wait until the last minute to renew your USAG membership, safety certification, safe sport and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

## MILEAGE UPDATE



Effective January 1, 2020, the rate for mileage reimbursement for judges is \$.57/mile to reflect the recent adjustment in the IRS standard mileage rate.

# BUDGET 2020

Beginning November 1, 2019 for current fiscal year.

## Income -

Judges Cup - \$31,200  
Clinics - \$10,000  
Assigning Fees - \$6,000  
Raffles - \$2,000  
Interest Earned - \$15  
Total - \$126,715

## Expenses -

Judges Cup - \$26,440  
National Judges Cup - \$4,000  
National SJD Meeting - \$2,000  
SJD Attendance at Regional Congress - \$750  
State board meeting - \$1,000  
Operating supplies - \$1,500  
Telephone/Internet/Website fees - \$1,250  
Gifts (memorials, hospitals, etc.) - \$500  
Donation to Helping Hands - \$250  
Bank Charges - \$24  
Assigning Website - \$600  
Education - State Clinics - \$2,000  
Western Critique Clinic - \$2,000  
Eastern Critique Clinic - \$2,000  
New Judges Clinic - \$2,000  
Outstanding educational gift certificates - \$14,850  
Camp gift certificates - \$2,000  
Total - \$63,164

## LEVEL 7 NATIONAL JUDGES CUP TEAM

Pennsylvania sent 2 Level 7 teams to the National Judges Cup. The PA State Team represented PA in the state team competition and finished 8th. The All-Star team competed in a level 7 session and placed 2nd. Individual winners included Marin Raible (Xcel) on vault and all-around, and Seiko Mallon (Silvia's) on beam. The meet was held January 10-12 in Santa Clara, CA. Barb Cutillo, Nancy Claar, Patty Spisak and Debbie Hinnebusch volunteered their time.

The team members were -

Makenna Anderson | ASAP • Taryn Dinicola | Centre Elite  
Kyla Fayad | Xcel • Jordyn Francis | Xcel  
Marissa Madden | ASAP • Seiko Mallon | Silvia's  
Macey Mckinney | Xcel • Madelyn Overdorff | Xcel  
Jojo Pickell | Xcel • Marin Raible | Xcel  
Sammy Serafini | Team Lightning  
Madeline Simpson | Gymolympic  
Sophia Summers • Centre Elite



## IMPORTANT EMAIL ADDRESSES

Myra Elfenbein, Region 7 Technical Director  
region7rtc@comcast.net  
Bonnie Synol, RJD | bsynol61@yahoo.com  
Donna Guenther, USAG Chairperson  
somerton155@comcast.net  
Marcy Blitz, SJD | blitzmarcy@gmail.com  
Evelyn Chandler, NAWGJ President | presnawgj@aol.com

CPE cards are to be sent to

Connie Schultz by June 1.

Please send them to her at the following address -  
2555 Prince Drive, Coplay, PA 18037  
or email them to her at cmsjudge@ptd.net

## BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

[www.panawgj.org](http://www.panawgj.org)  
[www.region7usagym.com](http://www.region7usagym.com)  
[www.pagymnastics.com](http://www.pagymnastics.com)  
[www.usa-gymnastics.org](http://www.usa-gymnastics.org)

It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.

## Kwiz Korner | Answers

1. C (.1 for each connection, plus .1 for the D - the same element can count twice for VP, but can only receive the D/E bonus once)
2. B (.1 for B+C salto, .2 for C salto + C salto, .1 for 3-acro flight connection)
3. D (side aerial is the 2nd D acro and is unallowable at Level 9 making the skill an element of no value)

# Judges' Expense Voucher

Date: \_\_\_\_\_

Meet: \_\_\_\_\_

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

<b>DAY 1</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

<b>DAY 2</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

<b>DAY 3</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes: *Minimum of 2 30 minute break times required for meets of 3 or more sessions. Maximum of 1 hour break time for the day.
Total time on site - break hours = hours paid

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Leslie Boyer and Western judges mail to Patty Spisak.  
 Leslie Boyer ~ 107 Crossings Lane, Lewisburg, PA 17837 | Patty Spisak ~ 9911 LeGrand Drive, Wexford, PA 15090