

USAG National Coaching Course Comes to Pennsylvania!

Course Title: W200 Development
Coaches Course - Hands on Training (HOTD)

Date: June 17, 2012

Time: 9am to 4pm

Address: Gymettes, 85 Gateway Drive,
Mechanicsburg, PA 17050



DON'T MISS this local opportunity to train your staff at this live, six-hour, hands-on course designed for school age, pre-team and Level 1-4 coaches. This is a great hands on experience of drills and skill progression with instructors demonstrating practical examples of coaching level 1-4 gymnastics.

Directions can be found at: <http://www.cpagymnastics.com/DirectionsToCPAG.html>

Online registration & more info: <http://usagym.org/pages/education/courses/W200/>

Mail in form at: <http://usagym.org/pages/education/courses/W200/registration.pdf>

Fees:

- \$70 for USAG members (save \$5 with online registration – preferred!)
- \$100 for non-USAG-members (Includes a complimentary instructor membership) Non-members please use the mail-in form at the link above.

Hotel: If you will need overnight accommodations, please contact the Holiday Inn Harrisburg West at 5401 Carlisle Pike, directly across from the gym (717-697-0321).

Attendance at the W200 course is eligible for 6 hours of CPE credit.

The W200 Development Coaches Course is designed to:

- Establish requirements for certification which will help identify competent pre-team and competitive (Level 1-4) gymnastics coaches.
- Provide appropriate skills, drills and techniques for entry level competitive coaches.
- Help standardize pre-team and entry level competitive gymnastics teaching throughout the United States.
- Provide resources, instructional materials, and assistance at levels 1-4 coaching
- Provide Hands on Spotting on all four Olympic Events

Don't wait! Register soon!