

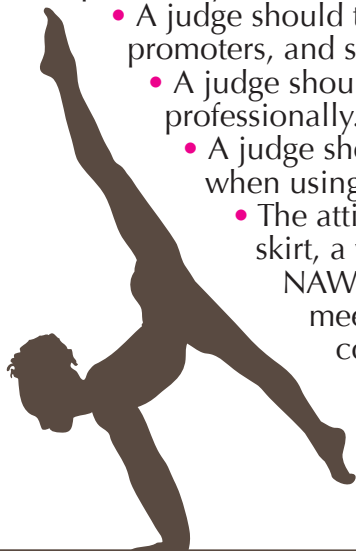
# PA NAWGJ NEWS

September 2016

## Reminders as we start the 2016-2017 season...

The NAWGJ Canons can be found on the NAWGJ website, but here are a couple of highlights -

- A judge should assist in maintaining the integrity and competence of the profession of judging women's gymnastic events.
- A judge should avoid even the appearance of professional impropriety
- A judge should be well qualified in gymnastics, know the rules, and be thoroughly prepared for each assignment.
- A judge should be completely unbiased. A judge should not give any appearance, especially at a meet, of any particular friendship with any coach or competitor.
- A judge should treat gymnasts, coaches, judges, promoters, and spectators with respect.
- A judge should at all times both look and act professionally.
- A judge should exercise good judgement when using social networking media.
- The attire for meets is navy blue pants or skirt, a white top, and a navy jacket or NAWGJ embroidered sweater. When meets request that we wear a certain color or theme, that is fine, but please dress professionally.
- Please arrive to your meets in a timely fashion, and do not leave the floor before the session is complete.



Do you want something included in the next newsletter?  
Let me know! Email me at [m.blitz@comcast.net](mailto:m.blitz@comcast.net)

## Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. Which divisions incur extra swing deductions on bars?  
A. Bronze, Silver, Gold, Platinum, Diamond  
B. Silver, Gold, Platinum, Diamond  
C. Gold, Platinum, Diamond  
D. Platinum, Diamond
2. What is the amplitude deduction for a Gold gymnast performing a clear hip circle on bars?  
A. no deduction  
B. up to .2  
C. up to .3  
D. up to .4
3. How many times can an Xcel gymnast do a back handspring on FX and still receive value part credit and special requirement?  
A. twice  
B. three times if in different series or connections  
C. three times under any circumstances  
D. an unlimited number of times

**It is your responsibility to let the assigner know if you are going to be affiliated at a meet. Please let the assigner know as soon as possible.**

### Change in Break Time!

The Judging Compensation package has changed regarding break time. The new break time policy is as follows - Judges will be paid starting with report time and are to be provided a 30-minute break between scheduled sessions. The daily number of paid hours is calculated by subtracting the required break time (number of sessions minus 1 = number of required 30 minute breaks) from the total time at the meet (from start of report time/judges meeting to the completion of all four events for the day). Please see page 44 in R&P for more information.

Save the dates...

## UPCOMING CLINCS/EVENTS

**High Performance Camp - September 16-18 | Woodward, PA**  
Please visit the Region 7 website for more information.

**PA/DE NAWGJ Clinic - September 24 | Harrisburg, PA**  
Eligible for CPE credit. Registration information can be found on the PA NAWGJ website.

**Critique Clinic - October 1 | Falcon Gymnastics**  
This event is FREE to working judges. Please RSVP to Tammy Nulph if you are planning to attend.

**USAIGC Clinic - October 9 | KMC**  
This is a FREE clinic for officials. Officials must attend one clinic each year to be eligible to judge USAIGC competitions.

**USAIGC Clinic - November 6 | Fusion Gymnastics**  
This is a FREE clinic for officials. Officials must attend one clinic each year to be eligible to judge USAIGC competitions.

There are other USAIGC clinics out of state that may work better for you. These clinics have been emailed out and can also be found on the USAIGC website ([www.usaigc.com](http://www.usaigc.com)).

If you do attend a USAIGC clinic, please let Marcy Blitz and Terry McGirk know so that we mark you eligible to judge USAIGC meets.

## 2016 Judges Cup

### DECEMBER 2016

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Judges Cup will be held the weekend of December 16-18 at Paramount Sports Complex. Please save the date and plan on volunteering at some point during the weekend.

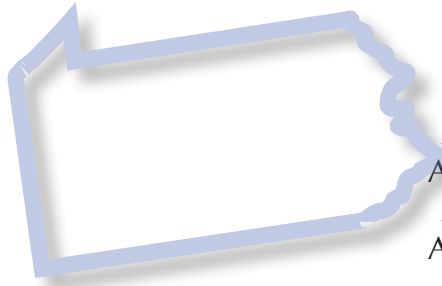
## REMINDERS/UPDATES

Please NO solicitation!  
Our personal information is to be used for professional reasons only.

- For ALL meets you are assigned to you are required to send your USAG number to the meet director prior to the meet.
- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee or event assigner know immediately so that she may make the proper changes.
- The CPE requirements for all levels of judges are listed on page 32-34 of Rules and Policies.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Terry McGirk, Toni Kardos and Marcy Blitz know if any of your information in the judges directory is incorrect so we can correct it.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD.
- Please do not wait until the last minute to renew your USAG membership, safety certification, and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

Once you achieve a new rating, please let Terry McGirk or Marcy Blitz know right away. You may not be assigned if we do not have up-to-date information on your rating.

# 2016 state meet schedule •



March 4-5 | Level 5 States  
March 11-12 | Level 8 States  
March 18-19 | Level 9/10  
March 25-26 | Level 7 States  
April 1-2 | Level 6 States  
April 22-23 | Level 4 States East  
April 22-23 | Level 4 States West  
April 29-30 | Level 3 States East  
April 29-30 | Level 3 States West  
May 6-7 | Xcel States

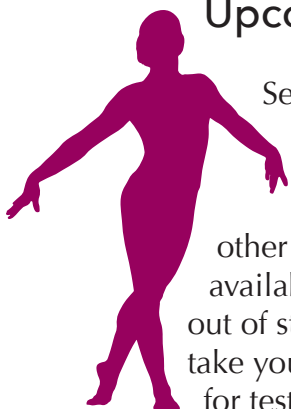


If you are a Level 10 or higher rated official, and you are interested in judging college, please visit the NAWGJ website ([www.nawgj.org](http://www.nawgj.org)) for more information. You must enter your information into the JAS system by September 25. If you have never judged college before and would like to, please fill out and return the new college judges form that is on the NAWGJ website.

## Upcoming Testing Opportunities

September 25 - Coatesville, PA  
October 23 - North Huntington, PA

Please check the USAG website for other testing opportunities as they become available. In addition, if there is a test site/date out of state that works better for you feel free to take your test there. You must register in advance for testing.



## IMPORTANT EMAIL ADDRESSES

Myra Efenbein, Region 7 Technical Director  
[region7rtc@comcast.net](mailto:region7rtc@comcast.net)  
Bonnie Synol, RJD | [bsynol61@yahoo.com](mailto:bsynol61@yahoo.com)  
Donna Guenther, USAG Chairperson  
[somerton155@comcast.net](mailto:somerton155@comcast.net)  
Terry McGirk, Co-SJD | [terrymcgirk@gmail.com](mailto:terrymcgirk@gmail.com)  
Marcy Blitz, Co-SJD | [m.blitz@comcast.net](mailto:m.blitz@comcast.net)  
Evelyn Chandler, NAWGJ President | [presnawgj@aol.com](mailto:presnawgj@aol.com)  
Toni Kardos | [TtKardos307@aol.com](mailto:TtKardos307@aol.com)  
Connie Schultz | [cmsjudge@ptd.net](mailto:cmsjudge@ptd.net)

*CPE cards are to be sent to Connie Schultz. Please send them to her at the following address - 2555 Prince Drive, Coplay, PA 18037 or email them to her at [cmsjudge@ptd.net](mailto:cmsjudge@ptd.net)*

## BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

[www.panawgj.org](http://www.panawgj.org)  
[www.region7usagym.com](http://www.region7usagym.com)  
[www.pagymnastics.com](http://www.pagymnastics.com)  
[www.usa-gymnastics.org](http://www.usa-gymnastics.org)

*Kwiz Korner | Answers*

1. D 2. A 3. D

# Judges' Expense Voucher

Date: \_\_\_\_\_

Meet: \_\_\_\_\_

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				DAY 1	DAY 2	DAY 3	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
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Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

<b>DAY 1</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

<b>DAY 2</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

<b>DAY 3</b>
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Tia Tedder and Western judges mail to Toni Kardos.  
Tia Tedder ~ 1208 Cutler Circle, Lancaster, PA 17601 | Toni Kardos ~ 1107 Ada Drive, North Huntingdon, PA 15642