

PA NAWGJ NEWS

May 2016

CURRENT RATINGS

Listed below is the current list of judges in PA and DE. The Brevets are in 2 categories and the Nationals are listed in the year they received their National rating. The Level 10 through 4/5 officials are listed in the chronological order they received their current rating. If you believe your rating is incorrect, please notify Terry McGirk or Marcy Blitz.

International Brevet - Cheryl Hamilton, Silvia Topalova

Brevets - Nancy Claar, Toni Kardos, Margie Myers, Jane Caruso, Carole Micsion

National/Elite 1993 - Marilyn Schnaars, Barb Cutillo, Terry McGirk, Mary Ann Olson, Barb Jani, Susan D'Amato

National/Elite 1997 - Teresa Bailey, Debbie Yohman, Mark Welch, Patty Vitale, Gina Amrich

National 2001 - Claire Pore, Audrey Rozinsky, Anne Malone

National 2005 - Lynn Ross, Kristina Olson Berryman, Cathy Cormier

National 2009 - Susan Adamczyk, Kim Silloway, Patti Spisak, Connie Schultz, Amy Miller, Tia Tedder, Kathy Ritchie, Christine Erickson, Jeannie Lippert, TC Goodwin, Tamara Lomanovitch, Patti Walter, Cynthia Hills

National 2013 - Amy Busse, Carla Ceralde, Leslie Boyer, Tammy Nulph, Maria Squire, Val Miller

Level 10s - Jan Morrow, Marcy Blitz, Donna Geyer, Jean Noecker, Abby Menna, Joyce Schaffer, Stella Hewlett, Kathy Vicario, Shannon Watson, Kate Shiller, Laura Winters, Kristine Eichenlaub, Lisa Weiland, Stephanie Myers, Sara McCoy, Leanne Chisko, Crissy MacDonald, Katie Firmstone, Amanda Ross, Michelle Marshall, Derek Marmo, Sara McShane, Ivan Guertchev, Linda Kothe, Robin Coons, Alison Fischer, Cindy Loring

Level 9s - Sherri Horne, Noelle Lemons, Donna Kreckel, Zach Lessen, Beth Stracka, Debbie Hinnebusch, Denise Johnson, Stacy Hoffman, Kristin Bradford, Charity Ruhl, Laurie Lengel

Level 8s - Amy Short, Jessica Guffey, Megan Goodrich, Kelsie Schafer, Brooke Lawson, Olimpia Petcu, Jessica Deshong, Jennifer Redmond, John Rowe, Evelyne Hopkins, Kelly Moran, Stephanie Schmidt, Kylie Schafer, Kristen Elk, Crystal Hinnebusch, Jennifer Lowe

Level 4/5s - Tara Branstad, Amy Glunt, Amanda Angstadt, Tammy Scovronski, Caitlin Stine, Kelsey Blair, Kelli Myers, Tanya Hayden, Gabriela Phillips, Janelle Yerty, Hannah Gentile, Tammie Franken, Nadine Dubina, Sarah Sanderson, Sidney Geyer, Anna Lindemuth

UPCOMING CLINCS/EVENTS

Pre-Season Prep - June 24-26 | Newport News, VA
Please visit the Region 7 website for a registration form. This camp will be eligible for volunteer CPE credit.

National Congress - July 8-19 | San Jose, CA
For more information and to register please visit the USA Gymnastics website. You can earn CPE credits for attendance at Congress.

Region 7 Congress - July 22-24 | Baltimore, MD
For more information and to register please visit the USA Gymnastics website. You can earn CPE credits for attendance at Congress.

High Performance Camp - September 16-18 | Woodward, PA
Please visit the Region 7 website for a registration form closer to the time. This camp will be eligible for volunteer CPE credit and possibly a couple clinic CPE credits.

PA State Clinic - TBD
Tentatively scheduled for the weekend of September 24-25. More information will be released as it becomes available.

Western Critique Clinic - TBA
Scheduled for western PA. More information will be released as it becomes available.

PA Judges Cup - December 16-18 | Paramount Sports Complex
Save the date! Please plan on volunteering during the weekend.

Save the dates...

Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

1. What's the Start Value of this Level 6 Beam Routine?
Jump to front support mount, full turn, split jump, dive forward roll, split leap, wolf jump to tuck jump (connected), front tuck dismount
2. If a level 4 gymnast does a sole circle on bars after the squat on, what is the deduction?
A. .2 for change of element
B. .5 for a fall
C. .3 for adding an element
3. On floor, what is the split requirement for the straight leg leap in Level 3, Level 4, and Level 5?

NATIONAL/BREVET TEST

This is a reminder that if you are eligible for the National or Brevet test next year you need to have your Eligibility Form completed by the end of 2016. You must have achieved a Level 10 rating by December 31, 2009 to be eligible to take the National test for the first time. You need to have attended two of the approved educational events and also volunteered at a minimum of 2 separate approved functions for at least 12 hours. See the Eligibility Form for more specific details. There are still events this summer that would help you fulfill these requirements if needed.

MEMBERSHIP RENEWALS

A reminder that all USAG memberships expire on July 31, 2016. Some background checks and safety certifications may expire on the same date, so please check your profile by logging into the USAG website.

NAWGJ memberships also expire on July 31. Please log into the NAWGJ membership site to see if it is time for you to renew.

REMINDERS/UPDATES

Please NO solicitation!
Our personal information is to be used for professional reasons only.

- For **ALL** meets you are assigned to you are required to send your USAG number to the meet director prior to the meet.
- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee or event assigner know immediately so that she may make the proper changes.
- The CPE requirements for all levels of judges are listed on page 53 & 54 of Rules and Policies.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 65-68 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Terry McGirk, Toni Kardos and Marcy Blitz know if any of your information in the judges directory is incorrect so we can correct it.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD.
- Please do not wait until the last minute to renew your USAG membership, safety certification, and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

Once you achieve a new rating, please let Terry McGirk or Marcy Blitz know right away. You may not be assigned if we do not have up-to-date information on your rating.

IMPORTANT INFORMATION REGARDING MEETS NEXT SEASON

- To be eligible to judge USAICG sanctioned competitions you must attend a USAIGC Rules Clinic. These clinics are held in the fall and are free to attend. More information will be sent out as it becomes available.
- To be eligible to judge a USAG Regional meet you must attend Region 7 Congress or one of the Region 7 training camps. Attendance at one of the listed events does not guarantee you a regional meet, but it does make you eligible.
- In order to be assigned to any USAG or YMCA competition you must be a member of NAWGJ. If you are not a NAWGJ member you will not be assigned to future meets.

Kwiz Korner | Answers

1. SV of 9.5.
Minus .5 - missing acro element (rolls can be used to fulfill the acro requirement, but the acro element must go through vertical to receive special requirement credit)
2. C. .3 for adding an element
3. Level 3 - 90°
Level 4 - 120°
Level 5 - 150°



IMPORTANT EMAIL ADDRESSES

Myra Efenbein, Region 7 Technical Director
region7rtc@comcast.net
Bonnie Synol, RJD | bsynol61@yahoo.com
Donna Guenther, USAG Chairperson
somerton155@comcast.net
Terry McGirk, Co-SJD | terrymcgirk@gmail.com
Marcy Blitz, Co-SJD | m.blitz@comcast.net
Evelyn Chandler, NAWGJ President | presnawgj@aol.com
Toni Kardos | TtKardos307@aol.com
Connie Schultz | cmsjudge@ptd.net

CPE cards are due by June 30th and are to be sent to Connie Schultz.

If you are planning on using credits over the summer to fulfill your 2015-2016 CPE credits please let Connie know that.

*Please send them to her at the following address -
2555 Prince Drive, Coplay, PA 18037
or email them to her at cmsjudge@ptd.net*

BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

www.panawgj.org
www.region7usagym.com
www.pagymnastics.com
www.usa-gymnastics.org

Do you want something included in the next newsletter?
Let me know! Email me at m.blitz@comcast.net

Judges' Expense Voucher

Date: _____

Meet: _____

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				Itemize	DAY 1	DAY 2	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

DAY 1			
	March In	End	Judging Time
Session 1			
Session 2			
Session 3			
TOTAL JUDGING TIME			
Total Time At Meet		_____	
LESS Break Time*		_____	
HOURS TO BE PAID			
*Actual break OR allowable break, whichever is less			

DAY 2			
	March In	End	Judging Time
Session 1			
Session 2			
Session 3			
TOTAL JUDGING TIME			
Total Time At Meet		_____	
LESS Break Time*		_____	
HOURS TO BE PAID			
*Actual break OR allowable break, whichever is less			

DAY 3			
	March In	End	Judging Time
Session 1			
Session 2			
Session 3			
TOTAL JUDGING TIME			
Total Time At Meet		_____	
LESS Break Time*		_____	
HOURS TO BE PAID			
*Actual break OR allowable break, whichever is less			

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Tia Tedder and Western judges mail to Toni Kardos.
 Tia Tedder ~ 1208 Cutler Circle, Lancaster, PA 17601 | Toni Kardos ~ 1107 Ada Drive, North Huntingdon, PA 15642