

PA NAWGJ NEWS

January 2017

Pennsylvania Judges Cup

Pennsylvania Judges Cup was held at Paramount Sports Complex this year the weekend of December 16-18. 487 gymnasts competed from 17 teams. What a success! A big THANK YOU to the following judges for volunteering their time or making a donation -



Rhiannon Abrahamson
Susan Adamczyk
Gina Amrich
Kris Berryman
Marcy Blitz
Leslie Boyer
Kristin Bradford
Amy Busse
Jane Caruso
Carla Ceralde
Nancy Claar
Robin Coons
Barb Cutillo
Susan D'Amato
Jessica Deshong
Chris Erickson

TC Goodwin
Cindy Hills
Kelly Hoyt
Denise Johnson
Linda Kothe
Olivia Labs
Laurie Lengel
Zach Lessen
Tamara Lomanovitch
Cindy Loring
Jennifer Lowe
Anne Malone
Michelle Marshall
Carole Micsion
Amy Miller
Jan Morrow

Margie Myers
Stephanie Myers
Jean Noecker
Mary Ann Olson
Olimpia Petcu
Jennifer Redmond
Lynn Ross
Stephanie Schmidt
Marilyn Schnaars
Connie Schultz
Tammy Scovronski
Durofshalk
Kate Shiller
Tia Tedder
Patty Vitale
Patti Walters
Shannon Watson



And
thank you,
thank you,
thank you

to Terry McGirk for planning and organizing the entire weekend!

Kwiz Korner | Questions

Test your knowledge with the following questions (answers can be found later in this newsletter) -

- Level 8 Bars: To avoid performing a restricted "C" element, the Level 8 gymnast performs a short kip to the high bar, a cast to horizontal, and an overshoot over the low bar ("B"). What is the deduction for this performance of a cast only to horizontal?
A. 0.3
B. 0.2
C. 0.1
D. no deduction
- Level 9 Bars: A gymnast performs long hang kip, cast to handstand, back giant with a full turn ("D"), connected to a piked Tkatchev ("E"). Which of the following statements are true?
A. Gymnast receives a .5 deduction off the start value for performing a second "D"/"E" skill
B. Gymnast gets no value part credit for the "D" or the "E" and therefore no special requirement credit
C. Gymnast receives .2 in connection bonus because both elements are considered as "C"s
- Level 10 Bars: The gymnast performs a piked Tkatchev. The coach is standing behind the bars prepared to catch the gymnast if the skill is unsuccessful. Coach accidentally touches the gymnast as she catches the bar without helping her do the skill. Which of the following are true?
A. Only the chief judge takes the spot deduction
B. Value part credit is not awarded
C. Special requirement for a flight skill is not awarded
D. Bonus credit for the "E" may still be given

CRITIQUE CLINIC



A Critique Clinic was held at Falcon Gymnastics. 14 teams participated in the clinic. A special thank you to Tammy Nulph and Charity Ruhl for organizing the clinic, and to Charity for hosting,

which raised money for the NAWGJ education fund. Also, thank you to the following judges for volunteering -

Marcy Blitz
Cathy Cormier
Kristen Elk
Megan Goodrich
Debbie Hinnebusch
Sherri Horne
Donna Kreckel
Jeannie Lippert

Derek Marmo
Terry McGirk
Val Miller
Kelly Moran
Tammy Nulph
Claire Pore
Kathy Ritchie
Audrey Rozinsky

Charity Ruhl
Joyce Schaffer
Kim Silloway
Patty Spisak
Beth Stracka
Laura Winters

Save the dates...

UPCOMING CLINCS/EVENTS

Region 7 Congress - June 16-18 | Baltimore, MD

GROUP RATE FOR REGION 7 CONGRESS

There will be a discounted group rate available for PA NAWGJ judges to attend Region 7 Congress. Please watch your email for more information regarding registering as part of the group.

Pre-Season Prep - July 14-16 | Newport News, VA

This camp will be eligible for volunteer CPE credit. You will need to register in advance if you are planning to attend. More information will be sent closer to the time.

National Congress - August 17-20 | Anaheim, CA

Check the USA Gymnastics website for more information concerning National Congress.

High Performance - September 15-17 | Woodward, PA

This camp will be eligible for volunteer CPE credit and possibly a couple clinic CPE credits. You will need to register in advance if you are planning to attend. More information will be sent closer to the time.

Meet referees are required to hold a judges meeting at the beginning of each judging day. A judges meeting agenda put out by USA Gymnastics was emailed out, can be found on the USA Gymnastics website, and also the PA NAWGJ website.

MILEAGE UPDATE



Effective January 1, 2017, the rate for mileage reimbursement for judges is \$.53/mile to reflect the recent decrease in the IRS standard mileage rate.

REMINDERS/UPDATES

Please NO solicitation!
Our personal information is to be used for professional reasons only.

- For **ALL** meets you are assigned to you are required to send your USAG number to the meet director prior to the meet.
- If you are an affiliated judge, and you are listed as a head judge when event assignments are released, please let your meet referee or event assigner know immediately so that she may make the proper changes.
- The CPE requirements for all levels of judges are listed on page 32-34 of Rules and Policies.
- **If your CPE credits are not up to date, you may not be assigned to sanctioned meets.** In an unusual circumstance where there is an absolute necessity to assign a judge who is delinquent in completing their CPE credits, the judges' compensation will be reduced by \$5.00 per hour. Please refer to pages 32 of the Rules and Policies for further information pertaining to CPE credits.
- Please let Terry McGirk, Toni Kardos and Marcy Blitz know if any of your information in the judges directory is incorrect so we can correct it.
- If any of your information changes (i.e. rating, address, etc.) please notify NAWGJ, USAG and the SJD.
- Please do not wait until the last minute to renew your USAG membership, safety certification, and/or background check. If any of your dates are not current, you will not be allowed on the floor at a sanctioned meet.
- If you are on any medication, please keep a list of your medications in your purse in case of emergency. Also, be sure to carry on your medications if you are flying to any away meets.

Once you achieve a new rating, please let Terry McGirk or Marcy Blitz know right away. You may not be assigned if we do not have up-to-date information on your rating.

LEVEL 7 NATIONAL JUDGES CUP TEAM

Pennsylvania sent 2 level 7 teams to the National Judges Cup.

The PA State Team represented PA in the state team competition and finished 7th. The All-Start team competed in a level 7 session and placed 2nd. Individual winners included

Kristin Deckert (ASAP) on vault, Linnea Vasali (ASAP) on beam, Corinne Gruber (Stallone Gymnastics) on vault, beam, all-around, and Savanna Rissler (Prestige) on bars. The meet was held January 6-8 in Virginia Beach, VA. Barb Cutillo and Jan Morrow represented the Pennsylvania judges. The team members were -

McKenna Angeny | Prestige • Kristin Deckert | ASAP
Cassandra Englehart | Stallone • Mikayla Gibble | Stallone
Corinne Gruber | Stallone • Julia Klucinec | ASAP



Hannah Lafave | United Sports
Caralia Martinez | United Sports
Clair Piper | Uzelac
Savanna Rissler | Prestige
Luciana Toczydlowski | United Sports
Linnea Vasali | ASAP

REPORT TIMES

Report times are a half hour before march in. For instance if march in is scheduled for 8:20, report time is 7:50. If you receive meet information from the meet director, but march in times are not listed please contact the meet director to ask for this information.



IMPORTANT EMAIL ADDRESSES

Myra Efenbein, Region 7 Technical Director
region7rtc@comcast.net

Bonnie Synol, RJD | bsynol61@yahoo.com
Donna Guenther, USAG Chairperson
somerton155@comcast.net

Terry McGirk, Co-SJD | terrymcgirk@gmail.com
Marcy Blitz, Co-SJD | m.blitz@comcast.net

Evelyn Chandler, NAWGJ President | presnawgj@aol.com
Toni Kardos | TtKardos307@aol.com
Connie Schultz | cmsjudge@ptd.net

**CPE cards are to be sent to Connie Schultz.
Please send them to her at the following address -
2555 Prince Drive, Coplay, PA 18037
or email them to her at cmsjudge@ptd.net**

BE SURE TO CHECK OUT THE FOLLOWING WEBSITES -

www.panawgj.org
www.region7usagym.com
www.pagymnastics.com
www.usa-gymnastics.org

Kwiz Korner | Answers

1. D - Amplitude of cast deductions do NOT apply to Level 7/8 if cast is followed by overshoot or peach salto (Page 105)
- 2.C - Level 9 gymnasts are allowed to perform B/C root elements with full pirouettes (making them D skills) and ONE restricted D/E element from any group (Pages 77/78)
3. None are true - in this case each judge deducts .50 for the spot, award VP and SR credit, and do NOT award bonus due to the .50 spot deduction (Page 70)

Page numbers listed are from the iBook version of the JO Code of Points

Judges' Expense Voucher

Date: _____

Meet: _____

NAME/ADDRESS	MILEAGE		MEALS	MISCELLANEOUS	SUBTOTAL	FEE			TOTAL
	Miles	\$ Amount				Itemize	DAY 1	DAY 2	
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									
Rating_____ Rate/Hr_____									

DAY 1
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

DAY 2
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

DAY 3
Report Time:
Meet End Time:
Total Time on site:
Number of breaks x 30 minutes:
*If break is less than 30 minutes, no break time deducted
Total time on site - break hours = hours paid

Reminder: Meet Referees need to mail the original copy of this sheet within 5 days of the meet. Eastern judges mail to Tia Tedder and Western judges mail to Toni Kardos.
Tia Tedder ~ 1208 Cutler Circle, Lancaster, PA 17601 | Toni Kardos ~ 1107 Ada Drive, North Huntingdon, PA 15642